



# Aberdeenshire Council Primary School Menus – Spring & Summer 2017

Week 1 – 17<sup>th</sup> April, 15<sup>th</sup> May, 12<sup>th</sup> June, 28<sup>th</sup> August & 25<sup>th</sup> September

To view Recipe and Allergen Information hover cursor over underscored items and 'click'



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cook's Choice of Homemade Soup				
<b>Breaded Fillet of Haddock</b>  Tomato & Basil Pasta V served with Garlic Bread	<b>Homemade Cheese &amp; Tomato Pizza V</b>  Prime Braised Aberdeenshire Steak with a Pastry Square	<b>Roast Chicken with Gravy and Mealie</b>  Panini filled with Cheddar Cheese V served with Seasonal Fruit & Vegetable Bites	<b>Our Butcher's Recipe Pork Sausages</b>  Sticky Salmon Stir Fry served with Noodles	<b>Our Butcher's Beef Burger in a Bun</b> served with Seasonal Fruit & Vegetable Bites  Chicken Curry served with Long Grain Rice and Naan Bread
<b>Baked Potato</b> topped with Cheddar Cheese V	<b>Baked Potato</b> topped with Tuna Mayonnaise	<b>Baked Potato</b> topped with Coronation Chicken	<b>Baked Potato</b> topped with Baked Beans V	<b>Baked Potato</b> topped with Cheddar Cheese V
Garden Peas Chips	Broccoli Florets Vegetable Sticks Mashed Potatoes	Sliced Carrots Roast Potatoes	Baked Beans Broccoli Florets Mashed Potatoes	Sweetcorn
<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>
<b>Cheddar Cheese V</b> or <b>Tuna Mayonnaise Sandwiches</b> served with Salad Garnish & Grapes	<b>Ham</b> or <b>Tuna Mayonnaise Sandwiches</b> served with Salad Garnish & Pizza Finger	<b>Chicken Wrap</b> or <b>Tuna Mayonnaise Sandwiches</b> served with Salad Garnish & Seasonal Fruit & Veg Bites	<b>Egg Mayonnaise V</b> or <b>Tuna Mayonnaise Sandwiches</b> with Salad Garnish & Melon Wedge	<b>Cheddar Cheese V</b> or <b>Chicken Sandwiches</b> served with Salad Garnish & Seasonal Fruit & Vegetable Bites
Apple & Raspberry Crisp served with Custard	Ice Cream served with Fruit Salad	Butterscotch Cookie served with Milk	Chocolate Saucy Sponge served with Custard	Homemade Fruit Muffin served with Milk

V = Vegetarian



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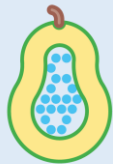
Week 2 – 24<sup>th</sup> April, 22<sup>nd</sup> May, 19<sup>th</sup> June, 4<sup>th</sup> September & 2<sup>nd</sup> October

To view Recipe and Allergen Information hover cursor over underscored items and 'click'



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Cook's Choice of Homemade Soup	
<p><b>Traditional Chicken Pie</b></p> <p>Falafels with Sweet &amp; Sour Sauce served with Noodles</p>	<p><b>Crispy Crumb Turkey Steak in a Bun</b> served with Seasonal Fruit &amp; Vegetable Bites</p> <p><b>Aberdeenshire Steak Mince</b> with <b>Mealie</b></p>	<p><b>Our Butcher's Recipe Pork Sausages in Gravy</b> served in a Yorkshire Pudding</p> <p>Barbeque Chicken served with Long Grain Rice</p>	<p><b>Traditional Macaroni and Cheese</b> V</p> <p>Gammon &amp; Pineapple Salad</p>	<p><b>Breaded Fillet of Haddock</b></p> <p>Pulled Pork in a Bun served with Barbeque Sauce Seasonal Fruit &amp; Vegetable Bites</p>
<b>Baked Potato</b> topped with <b>Cheddar Cheese</b> V	<b>Baked Potato</b> topped with <b>Tuna Mayonnaise</b>	<b>Baked Potato</b> topped with <b>Barbeque Chicken</b>	<b>Baked Potato</b> topped with <b>Homemade Coleslaw</b> V	<b>Baked Potato</b> topped with <b>Cheddar Cheese</b> V
Broccoli Florets Mashed Potatoes	Sliced Carrots Boiled Potatoes	Sweetcorn Mashed Potatoes	Sliced Beetroot Homemade Coleslaw Garlic Bread	Garden Peas Chips
<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>
<b>Ham</b> or <b>Tuna Mayonnaise Sandwiches</b> served with Salad Garnish & Grapes	<b>Chicken</b> or <b>Cheddar Cheese</b> V <b>Sandwiches</b> served with Salad Garnish & Seasonal Fruit & Vegetable Bites	<b>Egg Mayonnaise</b> V or <b>Tuna Mayonnaise Sandwiches</b> served with Salad Garnish & Grapes	<b>Ham Sandwiches</b> or <b>Tuna Mayonnaise Wrap</b> with Salad Garnish & Melon Wedge	<b>Cheddar Cheese</b> V or <b>Tuna Mayonnaise Sandwiches</b> served with Salad Garnish with Seasonal Fruit & Vegetable Bites
<b>Chocolate Yoghurt Cake</b> served with <b>Custard</b>	Jelly served with <b>Fruit Salad</b>	<b>Homemade Oatie Biscuit</b> served with <b>Milk</b>	<b>Ice Cream</b> served with <b>Fruit Salad</b>	<b>Iced Carrot Cake</b> served with <b>Custard</b>

V = Vegetarian



# Aberdeenshire Council Primary School Menus – Spring & Summer 2017

**Week 3 – 1<sup>st</sup> May, 29<sup>th</sup> May, 26<sup>th</sup> June, 11<sup>th</sup> September & 9<sup>th</sup> October**

To view Recipe and Allergen Information hover cursor over underscored items and 'click'



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Cook's Choice of Homemade Soup		
<p><b>Homemade Cheese &amp; Tomato Pizza</b> <b>V</b></p> <p><b>Chicken Curry</b> served with <b>Long Grain Rice</b> and <b>Naan Bread</b></p>	<p><b>Traditional Roast Chicken with Gravy</b> and <b>Mealie</b></p> <p><b>Potato &amp; Broccoli Bake</b> <b>V</b></p>	<p><b>Butcher's Hot Dog Sausage in a Bun</b> with <b>Tomato Sauce</b> served with <b>Seasonal Fruit &amp; Vegetable Bites</b></p> <p><b>Honeyed Chicken</b> served with <b>Noodles</b></p>	<p><b>Breaded Fillet of Haddock</b></p> <p><b>Chilli Beef Enchiladas</b></p>	<p><b>Spaghetti Bolognese</b> served with <b>Garlic Bread</b></p> <p><b>Panini</b> filled with <b>Cheddar Cheese</b> <b>V</b> served with <b>Seasonal Fruit &amp; Vegetable Bites</b></p>
<b>Baked Potato</b> topped with <b>Chicken Curry</b> <b>V</b>	<b>Baked Potato</b> topped with <b>Cheddar Cheese</b> <b>V</b>	<b>Baked Potato</b> topped with <b>Chicken Mayonnaise</b>	<b>Baked Potato</b> topped with <b>Baked Beans</b> <b>V</b>	<b>Baked Potato</b> topped with <b>Tuna Mayonnaise</b>
Sweetcorn Baked Beans Mashed Potatoes	Sliced Carrots Roast Potatoes	Broccoli Florets	Baked Beans Sweetcorn Chips	Garden Peas
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<b>Cheddar Cheese</b> <b>V</b> or <b>Tuna Mayonnaise Sandwiches</b> served with <b>Salad Garnish &amp; Pizza Finger</b>	<b>Ham</b> or <b>Chicken Mayonnaise Sandwiches</b> served with <b>Salad Garnish &amp; Grapes</b>	<b>Cheddar Cheese</b> <b>V</b> or <b>Egg Mayonnaise Sandwiches</b> served with <b>Salad Garnish &amp; Seasonal Fruit &amp; Vegetable Bites</b>	<b>Ham</b> or <b>Tuna Mayonnaise Sandwiches</b> served with <b>Salad Garnish &amp; Homemade Coleslaw</b>	<b>Chicken</b> or <b>Tuna Mayonnaise Sandwiches</b> served with <b>Salad Garnish &amp; Seasonal Fruit &amp; Vegetable Bites</b>
<b>Sticky Toffee Crisp</b> served with <b>Custard</b>	<b>Lemon Drizzle Muffin</b> served with <b>Milk</b>	<b>Jelly</b> served with <b>Fruit Salad</b>	<b>Chocolate Saucy Sponge</b> served with <b>Custard</b>	<b>Ice Cream</b> served with <b>Peaches</b>

**V** = Vegetarian





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## Week 4 – 8<sup>th</sup> May, 5<sup>th</sup> June, 21<sup>st</sup> August & 18<sup>th</sup> September



To view Recipe and Allergen Information hover cursor over underscored items and 'click'

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cook's Choice of Homemade Soup			
<p><b>Our Butcher's Beef Burger in a Bun</b> served with Seasonal Fruit &amp; Vegetable Bites</p> <p><b>Baked Fish Fingers</b></p>	<p><b>Traditional Chicken Pie</b></p> <p><b>Panini</b> filled with <b>Cheddar Cheese</b> <b>V</b> served with Seasonal Fruit &amp; Vegetable Bites</p>	<p><b>Breaded Fillet of Haddock</b></p> <p><b>Marzetti</b> served with <b>Garlic Bread</b></p>	<p><b>Aberdeenshire Roast Beef with Gravy and Mealie</b></p> <p><b>Traditional Macaroni and Cheese</b> <b>V</b></p>	<p><b>Our Butcher's Recipe Pork Sausages in Gravy</b> served in a <b>Yorkshire Pudding</b></p> <p><b>Chicken Fajita Wrap</b></p>
<b>Baked Potato</b> topped with <b>Cheddar Cheese</b> <b>V</b>	<b>Baked Potato</b> topped with <b>Chicken Mayonnaise</b>	<b>Baked Potato</b> topped with <b>Baked Beans</b> <b>V</b>	<b>Baked Potato</b> topped with <b>Tuna Mayonnaise</b>	<b>Baked Potato</b> topped with <b>Cheddar Cheese</b> <b>V</b>
Sweetcorn Baked Beans Pasta Shapes	Sliced Carrots Mashed Potatoes	Baked Beans Broccoli Florets Chips	Sliced Beetroot Sliced Carrots Mashed Potatoes	Garden Peas Boiled Potatoes
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<b>Ham</b> or <b>Tuna Mayonnaise Sandwiches</b> served with Salad Garnish & Fruit & Vegetable Bites	<b>Chicken Sandwiches</b> or <b>Tuna Mayonnaise Wrap</b> served with Salad Garnish & Fruit & Vegetable Bites	<b>Ham</b> or <b>Egg Mayonnaise</b> <b>V</b> <b>Sandwiches</b> served with Salad Garnish & Melon Wedge	<b>Cheddar Cheese</b> <b>V</b> or <b>Tuna Mayonnaise Sandwiches</b> with Salad Garnish & Grapes	<b>Chicken Mayonnaise</b> or <b>Tuna Mayonnaise Sandwiches</b> served with Salad Garnish & Melon Wedge
Iced Sponge served with Custard	Jelly served with Fruit Salad	Summer Fruit Crunch served with Custard	Homemade Shortbread served with Fruit Salad	Chocolate & Raspberry Brownie served with Milk

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