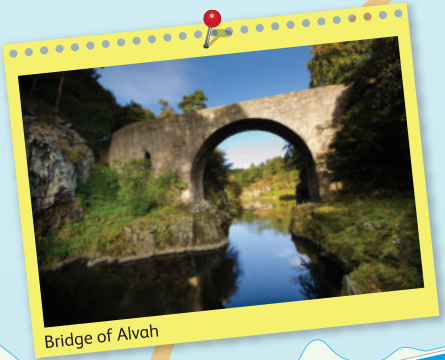




Boyndie Bay

# Banff



Bridge of Alvah

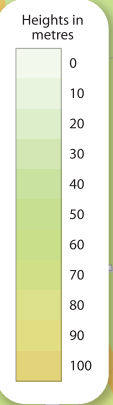
## Banff Townscape

Boasting one of the best-preserved townscapes in Scotland, Banff consists of a grand Georgian upper town with its many finely restored 18th century buildings and the older Sootstown by the harbour. Fragments of the former royal Banff Castle, a pre-reformation market cross, the Biggar Fountain and a number of vernacular townhouses are to be found here.



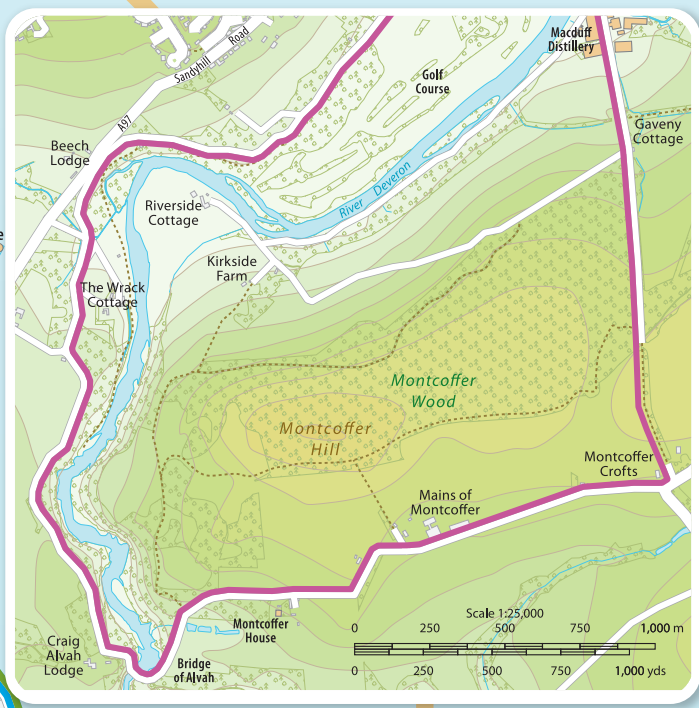
### KEY TO SYMBOLS

- Public car park
- One-way street begins
- One-way street ends
- Pedestrian crossing
- 20mph street
- Landmark building
- Footpath
- Route 1
- Route 2
- Route 3
- National Cycle Route 1



## Banff Museum

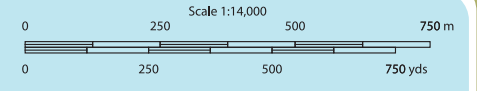
Banff Museum was founded in 1828 as the museum of the Banff Institution and is the oldest museum in Scotland north of Perth. The Banff Institution was dissolved in 1875 and the collections passed to Banff Town Council. The exhibits show a vast range of interesting artefacts from the Celtic period up to the modern day. They reflect life in Banffshire and show some stunning examples of our historical past in Banff and Macduff. The present museum and library building were built in 1902. The Museum is on Banff High Street, in the same building as Banff Library. The postcode is AB45 1AE.



Banff Bay



Banff Bridge



minutes 5

minutes 10

minutes 5

minutes 5

minutes 15

Walking distance is based on 3mph therefore 5 min = 440yds

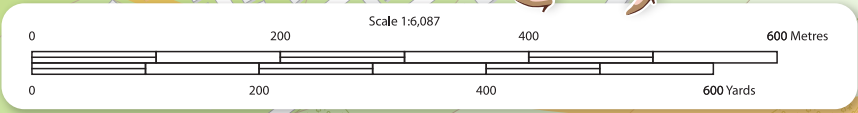
Cycling distance is based on 12mph therefore 5 min = 1mile



Duff House

## Duff House

Duff House is a magnificent example of baroque architecture. It was designed by William Duff and since then has been used as a family house, hotel, sanatorium and prisoner-of-war camp. Following extensive restoration, the house today is the premier outstation of the National Galleries of Scotland and houses a range of art treasures and superbly furnished rooms, and there are plenty of walking opportunities in the parkland of the surrounding area.



For more information on walking, cycling and transport initiatives visit the Aberdeenshire Council transportation pages at [www.aberdeenshire.gov.uk/roads-and-travel/transportation](http://www.aberdeenshire.gov.uk/roads-and-travel/transportation)



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Walk it... Bike it... Try it!



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**Getabout**  
The Getabout partnership consists of  
Aberdeenshire and Aberdeen City Councils  
and Nestrans, supported in their work by  
NHS Grampian.  
Getabout is the partnership's campaign to  
help people in the North East to make  
sustainable transport choices.  
For more information visit  
[www.getabout.org.uk](http://www.getabout.org.uk)

Record your walks here

Walk	Notes	Distance
1		5.3 miles
2		5.2 miles
3		1.7 miles

Find a better way  
to get about...

The records show people have been living in Banff since the 1100s AD, and it is easy to see why. With the dramatic Moray coast framing the town marina to the north, the River Deveron to the East, and the stunning 18th century Duff House and grounds to the South and the town itself filled with classic Georgian architecture - it's no wonder it has been called the Edinburgh of the north.

- Banff -

# BANFF

From mountain to sea

Aberdeenshire Council

This map aims to simplify your journey around Banff, whether by cycle or walking.

We are committed to helping residents and visitors moving around Banff easily, cheaply and with the least impact on our environment.

Our town has excellent links for walking and cycling!

## Walking

Walking offers most of us the chance to stay fit and healthy and get around over short distances. It is pollution free and a sociable activity, allowing plenty of opportunities to bump into neighbours or to meet up with friends. Walking is usually the fastest and most efficient way of getting around town for those living locally and avoids all the frustration and delay of taking the car.

## Cycling

The quickest way to travel short distances in towns is by bike. A maintained bike is ready when you are, with very little that can go wrong. A bike can nearly always be parked outside your destination. It's cheap and reliable plus you feel better by being a little active. And above all, it's fun!

### Work out your calorie count when walking

Weight	10mins	20mins	30mins	40mins
7st 12lbs	29	58	86	115
9st 6lbs	35	69	104	138
11st 0lbs	40	81	121	161
12st 8lbs	46	92	138	184
14st 3lbs	52	104	156	208
15st 10lbs	58	115	173	231

The numbers show the calories burnt when walking, based on flat terrain which is of a good, consistent hard surface like a pavement. Numbers are based on an average person.  
For more information, please visit [www.nhs.uk/Change4Life](http://www.nhs.uk/Change4Life)

Aberdeenshire walking and cycling maps are freely available for most towns.

It's easy to get around by foot or on your bike - for a purpose or just for fun!

### Walk 1 - Purple Route

Leaving Duff House Car Park and heading towards the woods you pass through the fine Fife Gates. Keeping on the path, you will pass the Ice House and Mausoleum of the house both on your left. Keep following the path, there will be a water treatment centre on your left and lovely views over the river as you walk, continue left past a bungalow on the corner until you reach the scenic Bridge of Alvah. Look out for otters in the river below, and red squirrels in the trees as you pass. Continue following the path, passing by Montcoffer House, then bear left at the T junction and then take the next left. The path can be a little muddy and overgrown at times. Keep following until you reach Macduff Distillery. Come out to the main road, bear left, and cross over Banff Bridge taking in views of the town of Banff and the river. Head along the main road, taking a left back down towards Duff House.

### Walk 2 - Orange Route

Leaving Banff Harbour and bearing right, follow the rugged coastline, past the quaint fishing village of Scotstown, towards the Banff Links. Follow the path to the Banff Links, and through the Caravan Park, crossing to the left over the Burn of Boyndie, and then following the path to the right. Keep following the path, looking out for seals, dolphins and a variety of sea birds, taking a right when it forks. You will pass Blackpots playpark and the Compass Rose to the right and then Whitehills Marina as you move towards the village itself. At the fish factory, go left up the hills and then turn right onto Loch Street, until you pass the playing fields on the right. Take the next left down a small single track road before the speed limit sign, which passes the Red Well on the right and takes you back to the path you have already walked.

### Walk 3 - Green Route

Begin at the Banff Parish Church, take in the beautiful architecture of some of the surrounding buildings before walking right along High Street. Look out for arrows in the street which will help to keep you on the correct path and numbers which highlight key buildings. Take a stroll to Banff Castle and the beautiful views over the bay to Macduff. As you continue on the route enjoy the views from the Battery Green out over the sea, and imagine how defensible the position would have been. As you walk down towards Banff Marina enjoy the hustle and bustle of a busy harbour. As you pass St Mary's Churchyard, the gates are open daily during the summer, so feel free to explore this old graveyard and the remains of the crypt. Walk along Low Street, admiring the replica Market Cross, along with the Biggar Fountain, and take a stroll down Bridge Street if time. As you finish your walk at the car park, take a look at the Collie Lodge, one of the former gatehouses to Duff House.



Duff House

