



Aberdeenshire Council Primary School Menus – Autumn Winter 2017/18

Week 1 – 30th October, 27th November 2017, 8th January, 5th February & 5th March 2018

To view Recipe and Allergen Information hover cursor over underscored items and 'click'



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| Cook's Choice of Homemade Soup | | | Cook's Choice of Homemade Soup | |
| <u>Breaded Fillet of Haddock</u> <u>Herby Tomato Pasta</u> V served with <u>Garlic Bread</u> | <u>Homemade Cheese & Tomato Pizza</u> V <u>Prime Braised Aberdeenshire Steak</u> with a <u>Pastry Square</u> | <u>Roast Chicken with Gravy</u> and <u>Mealie</u> <u>Panini</u> filled with <u>Cheddar Cheese</u> V served with Seasonal Fruit & Vegetable Bites | <u>Our Butcher's Recipe Pork Sausages</u> <u>Teriyaki Salmon Stir Fry</u> served with <u>Noodles</u> | <u>Our Butcher's Beef Burger in a Bun</u> served with Seasonal Fruit & Vegetable Bites <u>Chicken Curry</u> served with <u>Long Grain Rice</u> and <u>Naan Bread</u> |
| <u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V | <u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u> | <u>Baked Potato</u> topped with <u>Coronation Chicken</u> | <u>Baked Potato</u> topped with <u>Baked Beans</u> V | <u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V |
| <u>Garden Peas</u> <u>Sliced Carrots</u> <u>Chips</u> | <u>Broccoli Florets</u> <u>Vegetable Sticks</u> <u>Mashed Potatoes</u> | <u>Sliced Carrots</u> <u>Cabbage</u> <u>Roast Potatoes</u> | <u>Baked Beans</u> <u>Broccoli Florets</u> <u>Mashed Potatoes</u> | <u>Sweetcorn</u> |
| Sandwich Platter | Sandwich Platter | Sandwich Platter | Sandwich Platter | Sandwich Platter |
| <u>Ham</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & <u>Melon Wedge</u> | <u>Cheddar Cheese</u> V or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & <u>Pizza Finger</u> | <u>Chicken Wrap</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & Seasonal Fruit & Veg Bites | <u>Egg Mayonnaise</u> V or <u>Tuna Mayonnaise Sandwiches</u> with Salad Garnish & <u>Grapes</u> | <u>Ham</u> or <u>Chicken Sandwiches</u> served with Salad Garnish & Seasonal Fruit & Vegetable Bites |
| <u>Apple Crisp</u> served with <u>Custard</u> | <u>Ice Cream</u> served with <u>Fruit Salad</u> | <u>Butterscotch Cookie</u> served with <u>Milk</u> | <u>Chocolate Saucy Sponge</u> served with <u>Custard</u> | <u>Homemade Fruit Muffin</u> served with <u>Milk</u> |

V = Vegetarian





Aberdeenshire Council Primary School Menus – Autumn Winter 2017/18

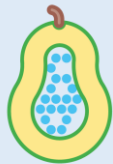
Week 2 – 6th November, 4th December 2017, 15th January, 12th February & 12th March 2018

To view Recipe and Allergen Information hover cursor over underscored items and 'click'



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|---|
| | Cook's Choice of Homemade Soup | | Cook's Choice of Homemade Soup | |
| <p><u>Traditional Chicken Pie</u></p> <p><u>Falafels with Curry Sauce</u> served with <u>Long Grain Rice</u> V</p> | <p><u>Crispy Crumb Turkey Steak in a Bun</u> served with Seasonal Fruit & Vegetable Bites</p> <p><u>Aberdeenshire Steak Mince</u> with <u>Mealie</u></p> | <p><u>Our Butcher's Recipe Pork Sausages in Gravy</u> served in a <u>Yorkshire Pudding</u></p> <p><u>Sweet Chilli Chicken</u> served with <u>Noodles</u></p> | <p><u>Traditional Macaroni and Cheese</u> V</p> <p><u>Gammon & Pineapple Salad</u></p> | <p><u>Breaded Fillet of Haddock</u></p> <p><u>Pulled Pork in a Bun</u> served with <u>Barbeque Sauce</u> Seasonal Fruit & Vegetable Bites</p> |
| <p><u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V</p> | <p><u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u></p> | <p><u>Baked Potato</u> topped with <u>Sweet Chilli Chicken</u></p> | <p><u>Baked Potato</u> topped with <u>Homemade Coleslaw</u> V</p> | <p><u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V</p> |
| <p><u>Broccoli Florets</u> <u>Sliced Carrots</u> <u>Mashed Potatoes</u></p> | <p><u>Garden Peas</u> <u>Cabbage</u> <u>Boiled Potatoes</u></p> | <p><u>Sweetcorn</u> <u>Broccoli Florets</u> <u>Mashed Potatoes</u></p> | <p><u>Sliced Beetroot</u> <u>Homemade Coleslaw</u> <u>Garlic Bread</u></p> | <p><u>Garden Peas</u> <u>Chips</u></p> |
| Sandwich Platter | Sandwich Platter | Sandwich Platter | Sandwich Platter | Sandwich Platter |
| <p><u>Ham</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & <u>Melon Wedge</u></p> | <p><u>Egg Mayonnaise</u> V or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & Seasonal Fruit & Vegetable Bites</p> | <p><u>Chicken Wrap</u> or <u>Cheddar Cheese</u> V <u>Sandwiches</u> served with Salad Garnish & <u>Grapes</u></p> | <p><u>Ham Sandwiches</u> or <u>Tuna Mayonnaise Wrap</u> with Salad Garnish & <u>Grapes</u></p> | <p><u>Cheddar Cheese</u> V or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish with Seasonal Fruit & Vegetable Bites</p> |
| <p><u>Ice Cream</u> served with <u>Fruit Salad</u></p> | <p><u>Chocolate Yoghurt Cake</u> served with <u>Custard</u></p> | <p><u>Homemade Oatie Biscuit</u> served with <u>Milk</u></p> | <p><u>Jelly</u> served with <u>Fruit Salad</u></p> | <p><u>Iced Carrot Cake</u> served with <u>Custard</u></p> |

V = Vegetarian



Aberdeenshire Council Primary School Menus – Autumn Winter 2017/18
Week 3 – 13th November, 11th December 2017, 22nd January, 19th February & 19th March 2018
To view Recipe and Allergen Information hover cursor over underscored items and 'click'



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| | | Cook's Choice of Homemade Soup | | Cook's Choice of Homemade Soup |
| <u>Homemade Cheese & Tomato Pizza</u> V <u>Chicken Curry</u> served with <u>Long Grain Rice</u> and <u>Naan Bread</u> | <u>Roast Chicken with Gravy</u> and <u>Mealie</u> <u>Stovies</u> served with <u>Oatcakes</u> | <u>Butcher's Hot Dog Sausage in a Bun</u> with <u>Tomato Sauce</u> served with Seasonal Fruit & Vegetable Bites <u>Honeyed Chicken</u> served with <u>Noodles</u> | <u>Breaded Fillet of Haddock</u> <u>Chilli Beef Enchiladas</u> | <u>Spaghetti Bolognese</u> served with <u>Garlic Bread</u> <u>Panini</u> filled with <u>Cheddar Cheese</u> V served with Seasonal Fruit & Vegetable Bites |
| <u>Baked Potato</u> topped with <u>Chicken Curry</u> | <u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V | <u>Baked Potato</u> topped with <u>Chicken Mayonnaise</u> | <u>Baked Potato</u> topped with <u>Baked Beans</u> V | <u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u> |
| <u>Broccoli Florets</u> <u>Baked Beans</u> <u>Mashed Potatoes</u> | <u>Sliced Carrots</u> <u>Sliced Beetroot</u> <u>Roast Potatoes</u> | <u>Broccoli Florets</u> | <u>Baked Beans</u> <u>Sweetcorn</u> <u>Chips</u> | <u>Garden Peas</u> <u>Broccoli Florets</u> |
| Sandwich Platter | Sandwich Platter | Sandwich Platter | Sandwich Platter | Sandwich Platter |
| <u>Ham</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & <u>Pizza Finger</u> | <u>Cheddar Cheese</u> V or <u>Egg Mayonnaise</u> V <u>Sandwiches</u> served with Salad Garnish & <u>Grapes</u> | <u>Cheddar Cheese</u> V or <u>Chicken Mayonnaise Sandwiches</u> served with Salad Garnish & Seasonal Fruit & Vegetable Bites | <u>Ham</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & <u>Melon Wedge</u> | <u>Chicken</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & Seasonal Fruit & Vegetable Bites |
| <u>Rice Pudding</u> served with <u>Fruit Salad</u> | <u>Lemon Drizzle Muffin</u> served with <u>Milk</u> | <u>Strawberry Mousse</u> served with <u>Fruit Salad</u> | <u>Chocolate Cookie</u> served with <u>Custard</u> | <u>Ice Cream</u> served with <u>Peaches</u> |

V = Vegetarian



Aberdeenshire Council Primary School Menus – Autumn Winter 2017/18

Week 4 – 20th November, 18th December 2017, 29th January, 26th February & 26th March 2018



To view Recipe and Allergen Information hover cursor over underscored items and 'click'

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|
| | Cook's Choice of Homemade Soup | | | Cook's Choice of Homemade Soup |
| <u>Our Butcher's Beef Burger in a Bun</u> served with Seasonal Fruit & Vegetable Bites <u>Baked Fish Fingers</u> | <u>Traditional Chicken Pie</u> <u>Panini filled with Cheddar Cheese</u> V served with Seasonal Fruit & Vegetable Bites | <u>Breaded Fillet of Haddock</u> <u>Beef Lasagne</u> served with <u>Garlic Bread</u> | <u>Aberdeenshire Roast Beef with Gravy</u> and <u>Mealie</u> <u>Traditional Macaroni and Cheese</u> V | <u>Our Butcher's Recipe Pork Sausages in Gravy</u> served in a <u>Yorkshire Pudding</u> <u>Chicken Fajita Wrap</u> |
| <u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V | <u>Baked Potato</u> topped with <u>Chicken Mayonnaise</u> | <u>Baked Potato</u> topped with <u>Baked Beans</u> V | <u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u> | <u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V |
| <u>Baked Beans</u> <u>Pasta Shapes</u> | <u>Sliced Carrots</u> <u>Mashed Potatoes</u> | <u>Baked Beans</u> <u>Broccoli Florets</u> <u>Chips</u> | <u>Sliced Beetroot</u> <u>Mashed Turnips</u> <u>Mashed Potatoes</u> | <u>Garden Peas</u> <u>Boiled Potatoes</u> |
| Sandwich Platter | Sandwich Platter | Sandwich Platter | Sandwich Platter | Sandwich Platter |
| <u>Ham</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & Fruit & Vegetable Bites | <u>Chicken Sandwiches</u> or <u>Tuna Mayonnaise Wrap</u> served with Salad Garnish & Fruit & Vegetable Bites | <u>Ham</u> or <u>Egg Mayonnaise</u> V <u>Sandwiches</u> served with Salad Garnish & <u>Melon Wedge</u> | <u>Cheddar Cheese</u> V or <u>Tuna Mayonnaise Sandwiches</u> with Salad Garnish & <u>Grapes</u> | <u>Chicken Mayonnaise</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & <u>Melon Wedge</u> |
| <u>Iced Sponge</u> served with <u>Custard</u> | <u>Jelly</u> served with <u>Fruit Salad</u> | <u>Semolina Pudding</u> served with <u>Custard</u> | <u>Homemade Shortbread</u> served with <u>Fruit Salad</u> | <u>Chocolate & Pear Brownie</u> served with <u>Milk</u> |

V = Vegetarian