



1 Examples of Mesolithic flint-working have been found here (Menie) and further north at Foveran.

2 Foveran Links is a geomorphological SSSI which stretches from this point as far as the Ythan Estuary. This is an important part of the Sands of Forvie coastal area and is used to study the wide variety of coastal landforms and processes

3 This is the most northerly point where the Yellow Horned poppy has been found. Last sighting in 2003.

4 Known locally as "The Gobi", this is a large area of bare sand that is relatively stable. This is probably due to the fact that it is protected by surrounding dunes that have been stabilised by Marram grass

5 This raised beach (look out for the rounded stones) is interesting as a feature but also Northern Marsh orchids can be found in the dune slack.

6 Shipwreck of Mary, grounded in 1900 whilst carrying coal to Banff.

7 The WWII pill box is of historical interest but also demonstrates the dynamics of the dune system. It was buried 20 years ago but is now uncovered and has tipped over.

8 Balmedie Country Park is well signed from the A90 and is open daily. Facilities include an information centre, ample car parking and toilets. Boardwalks lead to the award winning sandy beach.