

SUMMER HOLIDAYS TIME TABLE

BANFF SWIMMING POOL SATURDAY 4th July - MONDAY 17th August 2009

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm
MONDAY			9.00 - 10.00 Public Swim	10.00 - 11.00 Crash Swimming Lessons	11.15 - 12.15 Therapy		12.30 - 2:00 Lunchtime Lengths	2.00 - 3.30 Floats 'n' Fun	3.30 - 7.00 Public Swim			7:00 - 8:40 Adults Only		
TUESDAY			9-10 Over 50's Aqua Aerobics	10.00 - 11.00 Crash Swimming Lessons	11.15 - 12.15 Choices		12.30 - 2:00 Lunchtime Lengths	2.00 - 3.00 Inflatable Aquarun	3.00 - 6.00 Public Swim			6:00-7:00 Fun Session	7:00 - 8:15 Ladies Only	8:15-9 Adult Lessons
WEDNESDAY			9.00 - 10.00 Public Swim	10.00 - 11.00 Crash Swimming Lessons	11.00 - 12.30 Public Swim		12.30 - 2:00 Lunchtime Lengths	2:00 - 3.30 Public Swim 2:00 - 3:00 Parent & Toddler in shallow end	3.30 - 6.30 Public Swim			7.00 - 8.15 Shark Slide Inflatable		
THURSDAY			9.00 - 10.00 Public Swim	10.00 - 11.00 Crash Swimming Lessons	11.00 - 12.30 Adult Swim		12.30 - 2:00 Lunchtime Lengths	2.00 - 3.30 Floats 'n' Fun	3.30 - 6.00 Public Swim			6 - 7 Masks 'n' Snorkels (8-12yrs)	* Scuba Try Dive 12yrs to Adults	8:00 - 9:00 Staff Training
FRIDAY			9.00 - 10.00 Public Swim	10.00 - 11.00 Crash Swimming Lessons	11.00 - 12.30 Public Swim		12.30 - 2:00 Lunchtime Lengths	2.00 - 3.30 Floats 'n' Fun	3.30 - 6.00 Public Swim			6:00-7:00 Inflatable Aquarun	7:00 - 8:40 Public Swim	
SATURDAY			9.00 - 10.00 Lane Swim	10.00 - 12.00 Public Swim		12:00-1:00 Lengths	1:00 - 4:10 Public Swim			4:30 - 5:30 Pool Available for Private Hires & Parties!				
SUNDAY			9:00-10:00 Lane Swim	10:00 - 1:00 Public Swim			1:00-2:00 Lengths	2:00 - 4:10 Public Swim		4:30 - 5:30 Pool Available for Private Hires & Parties!				

* Scuba 'Try Drive' - Sessions must be booked at reception - limited spaces.

** Shark Slide Inflatable - All participants must be able to swim 1 Length of the Pool due to slide exiting in deep end.

*** Inflatable Aquarun - Children in Armbands must exit at section 3

