

TIMETABLE

MONDAY

09.00 - 16.00 Academy
16.00 - 17.00 Junior Badminton
17.00 - 18.00 Junior Athletics
18.00 - 20.00 Public Hire
20.00 - 22.00 Adult Badminton

TUESDAY

09.00 - 12.30 Academy
09.30 - 10.30 TOTS IN TRAINING
(St.Laurence hall)
12.30- 13.30 Ladies Badminton
13.30 - 17.00 Academy
17.00 - 22.00 Public Hire

WEDNESDAY

09.00 - 15.30 Academy
16.00 - 17.00 Trampoline(1/2 Hall)
17.00 - 19.00 Public Hire
19.00 - 21.00 Karate
21.00 - 22.00 Public Hire

THURSDAY

09.00 -15.30 Academy
15.30 – 16.30 Secondary Badminton
17.00 – 18.00 Public Hire
21.00 – 22.00 Public Hire

FRIDAY

09.00 - 17.00 Academy
17.00 - 18.00 Public Hire
18.00 - 19.00 Primary Football
19.00 - 22.00 Public Hire

SATURDAY & SUNDAY

10.00 - 16.00 Public Hire

Public Bookings

To guarantee the times and activities you require, it is recommended that you book in advance although it is not essential. Bookings cannot be taken any earlier than 6 days in advance.

GUIDE TO CENTRE ACTIVITES

Junior Badminton

These sessions give basic instruction on skills and rules of the game.

Junior Athletics / Jog Scotty



Led by UKA: level 2 coach, these sessions give instruction on all areas of a track and field programme. For Primary children only.

TOTS IN TRAINING **RESTARTS FEB**

A multi-sport activity class for 3 & 4 year olds.
Due to the size of the hall places will be limited. Contact the Sports Centre to book your childs place.

Junior trampoline

With qualified instructor, this session has limited places and there is a short waiting list.
MUST BE AGED AT LEAST 5 NOT JUST P1

Primary football

The session is lead by a SFA coach and consists of some coaching and small games.

Ladies Badminton

This is a social session for all abilities.

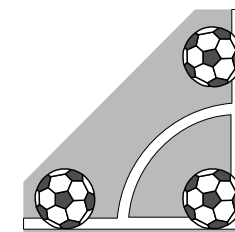
Birthday parties



The sports centre is available for booking your child's birthday party. The most popular is the **bouncy castle**

with soft play. Or alternatively you could have any activity your child wishes such as **Football Parties**. The hall is available most weekends, some evenings and school holidays.

It is ideal for children as they have plenty space to run around and ideal for parents as we set out all the equipment for your arrival and clear it away when you are finished.



An area is set aside for food if you require to use it.

Bouncy Castle Party Prices

<u>TIME</u>	<u>PRICE</u>
1 hour	£45.25
1 ½ hour	£62.60
2 hour	£80.00

Multi-gym

FOR OVER 16's ONLY

Our fitness room is equipped with a wide range of cardio-vascular, fixed resistance weight and free weight equipment.



All users must undertake a **Fitness Aberdeenshire** induction. This will allow you to use not only our gym, but all gyms throughout Aberdeenshire. Inductions are practical, so bring your kit and be ready to get hands on!!!!

Personal programmes can be made by request.



PRICE'S

	Adult	Conc
Single use	£ 3.95	£ 2.00
12 session ticket	£ 39.50	£ 20.00
6 month ticket	£121.00	£ 60.50
Annual ticket	£235.00	£117.50

INDUCTION £10.60

**** Please note the gym is used by the school at times during the school day. It is best to check at reception when the gym is available to the public. ****

There is also NO public access from 6.00pm – 7.00pm on Thursdays.

Admission Charges

Hall

Whole Hall	14.10
Concession	7.05
½ hall	7.05
Concession	3.55

Multi-gym

Hour	3.95
Concession	2.00
12 session card	39.50
Concession	20.00
Induction	10.60
Induction concession	5.30



See Multi gym info for more price ideas

Activities

Trampoline Junior	2.35
Badminton Adult	3.35
Improvers/Junior	2.00
Football	2.00
Athletics	2.00
Ladies Badminton	2.45
Crèche	1.55
Aerobics	3.95
Concession	2.00

*Concessions apply to Children under 16, Senior Citizens over 60, Registered Disabled. Other concessions may apply please ask at reception.

Opening Times

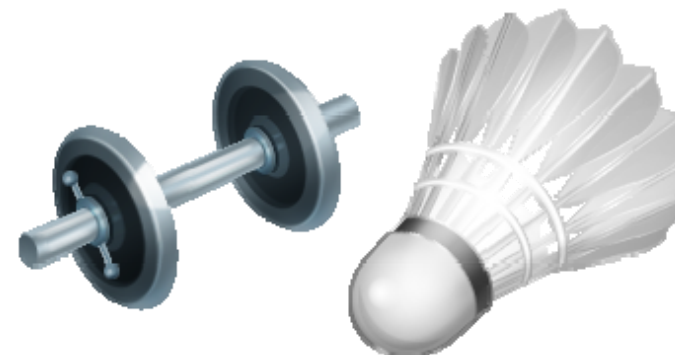
Mon 9am - 10pm
 Tues 11am - 10pm
 Wed 9am - 10pm
 Thurs 9am - 10pm
 Fri 9am - 10pm
 Sat & Sun 10am - 4pm

Aberdeenshire
 COUNCIL



Programme & Charges

Jan 10 – Mar 10



Mearns Sports Centre

Aberdeen Rd (Behind Police station)
 Laurencekirk.
 Aberdeenshire.
 AB30 1AJ
 Tel. 01561 377519

www.aberdeenshire.gov.uk/recreation