

WESTHILL SWIMMING POOL SUMMER HOLIDAY TIMETABLE 2008

Monday 6th July 2009 to Friday 14th August 2009 INC
TELEPHONE : 01224 744933

	0600 - 08.45	0900-1000	10.15-11.15	11.30-12.15	1215-1330	1330-1430	1430-1600	1615-1730	1730-1900	1900-2000	2000-2100
Mon	Public Lane Swim/ Club	Lessons	Fun Time +	Public	Lunch Time Swim	Public	Inflatable +/- Fun time +	Public	Club swim	Public (Club1900-1930 2 Lanes)	Public/ Adult Lessons (shallow end)
Tues	Public Lane Swim/ Club	Lessons	Inflatable +/- Fun time +	Parent and Toddlers +	Lunch Time Swim	Public	50+	Public	Club swim	Public	Ladies Only
Wed	Public Lane Swim/ Club	Lessons	Fun Time +	Public	Lunch Time Swim	Community Club Hire	Inflatable +/- Fun time +	Public	Club swim	Disabled (Club1900-1930 2 Lanes)	Public
Thurs	Public Lane Swim/ Club	Lessons	Inflatable +/- Fun time +	Parent and Toddlers +	Lunch Time Swim	Public	50+	Public	Club swim	Public (Club1900-1930 2 Lanes)	Ladies Only
Fri	Public Lane Swim/ Club	Lessons	Fun Time +	Public	Lunch Time Swim	Public	Inflatable +/- Fun time +	Public	Adult Lane Swim	Public	Public
Sat	0700-0900	0900-1100	1100-1230		1230-1330	1330-1500	1500-1615	1630-1800			
	Public Lane Swim / Club	Public	Family Session +		Disabled Session	Public	Fun Time +	Available for Public Hire			
Sun	0730-0900	0900 -1030	1030-1300	1300-1430	1430-1600	1600-1715	1730 - 1930				
	Public Lane Swim	Public	Family Session +	Public	Fun Time +	Adults Only	SAS Club Training				

* Ratio of Adult - Children 4 - 7 years

1 Adult per 2 Children

* Ratio of Adult - Children 0 - 3 years

1 Adult per 1 Child

* **During specified sessions indicated with a + the ratio will be 1 Adult per 2 children 0-7 years This is due to the shallow end being sectioned off. When supervising more than one child both children must remain in the shallow end and must be wearing armbands or a swim aid unless they can swim at the competent swimmer level.**

* Children wishing to swim in the deep end should be able to swim to the competent swimmer level. They may have to complete a swim test from one of the lifeguards.

* The competent swimmer level is specified in a leaflet at reception and on posters on the notice board and pool side

* Inflatable session may become a fun session if staffing levels are limited

* No snorkels, masks, hand paddles or fins allowed

* Admission is 5 minutes prior to the start of each session. Last admission 30 minutes prior to the end of the session.

* Buzzers will be sounded 5 minutes before the end of the session.

* This timetable is subject to alteration. Please check our notice boards for closures.

* **There will be a Swimming Teachers Course for 1 week of the holidays (3rd August - 7th August) This will affect some of the sessions. Please pick up an insert for the details of this course.**

2100-2200

Adults Only/ Masters

Adults Only

Adults Only

Adults Only/ Masters

Adults Only
