

My School Lunch Menu



A Filled Baked Potato features Daily as a Main Course option.

Week 1 commencing

27th October, 24th November 2008, 5th January, 2nd February, 2nd & 30th March 2009

A selection of bread from the Bread Basket and Milk or Pure Fruit Juice are included as part of a Lunch Meal

Monday	Tuesday	Wednesday	Thursday	Friday
Ham Pasta Roma Garden Peas French Bread Golden Chicken Sliced Carrots Mashed Potatoes Baked Potato with Prawn Marie Rose 'The Sandwich Tray' Cheddar Cheese V Prawn Marie Rose Tuna Mayonnaise in a Selection of Breads Pasta Salad Grapes Fresh Fruit Selection Assorted Yoghurts Angel Delight with Fruit	Soup of the Day with Chicken Korma Sweetcorn Long Grain Rice Cheese & Tomato Pizza V Sliced Beetroot Spaghetti Hoops Baked Potato with Tuna Mayonnaise 'The Soup & Sandwich Tray' Sliced Chicken Soft Cheese V Tuna Mayonnaise in a Selection of Breads Tomato Wedges Pizza Finger Fresh Fruit Selection Cheese & Biscuits Assorted Yoghurts	Mexican Mince with Taco Shell Broccoli Florets Pasta Shapes Sausage Roll Baked Beans Mashed Potatoes Baked Potato with Baked Beans V 'The Sandwich Tray' Wafer Thin Ham Egg V Tuna Mayonnaise in a Selection of Breads Melon Wedge Cocktail Sausage Roll Fresh Fruit Selection Assorted Yoghurts Chocolate Saucy Sponge with Custard	Roast Chicken in Gravy with Mealie Mashed Turnips Roast Potatoes Fish & Potato Bake Vegetable Sticks French Bread Baked Potato with Cheddar Cheese V 'The Sandwich Tray' Wafer Thin Beef Salad V Tuna Mayonnaise in a Selection of Breads Tomato Salsa Pitta Bread Wedge Fresh Fruit Selection Cheese & Biscuits Fruit Sorbet & Fresh Fruit Salad	Herby Pasta V Garden Peas Pitta Bread Beef Burger in a Bun Coleslaw Potato Wedges Baked Potato with Chicken Mayonnaise 'The Sandwich Tray' Chicken Mayonnaise Banana V Tuna Mayonnaise in a Selection of Breads Coleslaw Herby Pasta Fresh Fruit Selection Cheese & Biscuits Iced Sponge with Custard



Fresh salad is also included as part of a lunch meal everyday!



My School Lunch Menu



A Filled Baked Potato features Daily as a Main Course option.

Week 2 commencing

3rd November, 1st December 2008, 12th January, 9th February & 9th March 2009

A selection of bread from the Bread Basket and Milk or Pure Fruit Juice are included as part of a Lunch Meal

Monday	Tuesday	Wednesday	Thursday	Friday
Steak Mince & Doughballs Garden Peas Mashed Potatoes Macaroni Cheese V Sliced Beetroot French Bread Baked Potato with Tuna Mayonnaise 'The Sandwich Tray' Wafer Thin Ham Soft Cheese V Tuna Mayonnaise in a Selection of Breads Sweetcorn Pasta Shapes Fresh Fruit Selection Cheese & Biscuits Milkshake with Shortbread	Sweet & Sour Chicken Sweetcorn Long Grain Rice Braised Steak Shredded Cabbage Boiled Potatoes Baked Potato with Egg Mayonnaise V 'The Sandwich Tray' Wafer Thin Turkey Egg V Tuna Mayonnaise in a Selection of Breads Melon Wedge Potato Salad Fresh Fruit Selection Assorted Yoghurts Fudge Sponge Pudding with Custard	Soup of the Day with Chicken & Ham Brunch Broccoli Florets French Bread Grilled Sausages Baked Beans Mashed Potatoes Baked Potato with Baked Beans V 'The Soup & Sandwich Tray' Cheddar Cheese V Salad V Tuna Mayonnaise in a Selection of Breads Grapes Pitta Bread Wedge Fresh Fruit Selection Cheese & Biscuits Assorted Yoghurts	Breaded Haddock Coleslaw Chips Hot Roast Pork with Apple Sauce & Gravy Garden Peas Boiled Potatoes Baked Potato with Chicken Mayonnaise 'The Sandwich Tray' Sliced Chicken Egg V Tuna Mayonnaise in a Selection of Breads Coleslaw Apple Oat Muffin Fresh Fruit Selection Cheese & Biscuits Jam Sponge with Custard	Chicken in a Bun Vegetable Sticks Spaghetti Hoops Beef Lasagne Sliced Carrots French Bread Baked Potato with Cheddar Cheese V 'The Sandwich Tray' Salmon Wafer Thin Beef Tuna Mayonnaise in a Selection of Breads Vegetable Sticks Couscous Fresh Fruit Selection Assorted Yoghurts Fruit Jelly



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My School Lunch Menu



A Filled Baked Potato features Daily as a Main Course option.

Week 3 commencing

10th November, 8th December 2008, 19th January, 16th February & 16th March 2009

A selection of bread from the Bread Basket and Milk or Pure Fruit Juice are included as part of a Lunch Meal

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese Garden Peas Spaghetti Baked Fish Nuggets Baked Beans Mashed Potatoes Baked Potato with Baked Beans V 'The Sandwich Tray' Salad V Sliced Chicken Tuna Mayonnaise in a Selection of Breads Tomato Wedges Pasta Salad Fresh Fruit Selection Assorted Yoghurts Fruit Muffin with Milk	Chicken Curry Sweetcorn Long Grain Rice Cheese & Tomato Pizza V Coleslaw Pasta Shapes Baked Potato with Coleslaw V 'The Sandwich Tray' Prawn Marie Rose Cheddar Cheese V Tuna Mayonnaise in a Selection of Breads Coleslaw Pizza Finger Fresh Fruit Selection Assorted Yoghurts Banana Gingerbread with Custard	Roast Turkey in Gravy with Mealie Sliced Carrots Roast Potatoes Vegetable Quiche V Sliced Beetroot Spaghetti Hoops Baked Potato with Tuna Mayonnaise 'The Sandwich Tray' Wafer Thin Ham Soft Cheese V Tuna Mayonnaise in a Selection of Breads Grapes Quiche Finger Fresh Fruit Selection Cheese & Biscuits Chocolate Crispie with Custard	Gammon & Pineapple Broccoli Florets French Bread Chicken Pie Mashed Turnips Mashed Potatoes Baked Potato with Chicken Mayonnaise 'The Sandwich Tray' Chicken Mayonnaise Banana V Tuna Mayonnaise in a Selection of Breads Sweetcorn Pasta Shapes Fresh Fruit Selection Assorted Yoghurts Fruit Sorbet with Fresh Fruit Salad	Lentil Soup with Hot Dog & Bun Vegetable Sticks Potato Wedges Steak Mince Shredded Cabbage Boiled Potatoes Baked Potato with Cheddar Cheese V 'The Soup & Sandwich Tray' Wafer Thin Beef Egg V Tuna Mayonnaise in a Selection of Breads Vegetable Sticks Pitta Bread Wedge Fresh Fruit Selection Assorted Yoghurts Biscuits & Cheese



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My School Lunch Menu



A Filled Baked Potato features Daily as a Main Course option.

Week 4 commencing

17th November, 15th December 2008, 26th January, 23rd February & 23rd March 2009

A selection of bread from the Bread Basket and Milk or Pure Fruit Juice are included as part of a Lunch Meal

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fajitas Coleslaw Potato Wedges Macaroni Cheese V Sliced Carrots Mashed Potatoes Baked Potato with Coleslaw V 'The Sandwich Tray' Chicken Mayonnaise Salad V Tuna Mayonnaise in a Selection of Breads Melon Wedge Coleslaw Fresh Fruit Selection Assorted Yoghurts Ice Cream with Fruit	Roast Beef in Gravy Shredded Cabbage Boiled Potatoes Chicken Chow Mein Sweetcorn Salsa Noodles Baked Potato with Cheddar Cheese V 'The Sandwich Tray' Wafer Thin Ham Egg V Tuna Mayonnaise in a Selection of Breads Sweetcorn Salsa Raspberry Yoghurt Cake Fresh Fruit Selection Assorted Yoghurts Milk Pudding with Fruit	Chicken Tagliatelle Broccoli Florets French Bread Grilled Sausages Sweetcorn Mashed Potatoes Baked Potato with Tuna Mayonnaise 'The Sandwich Tray' Wafer Thin Turkey Salmon Tuna Mayonnaise in a Selection of Breads Tomato Wedges Pasta Shapes Fresh Fruit Selection Cheese & Biscuits Chocolate Yoghurt Cake with Custard	Soup of the Day with Steak Pie Sliced Carrots Boiled Potatoes Chicken Grill Steak Baked Beans Chips Baked Potato with Baked Beans V 'The Soup & Sandwich Tray' Wafer Thin Beef Cheddar Cheese V Tuna Mayonnaise in a Selection of Breads Vegetable Sticks Apple Muffin Fresh Fruit Selection Assorted Yoghurts Cheese & Biscuits	Stovies Sliced Beetroot Oatcakes Baked Golden Whales Garden Peas Spaghetti Hoops Baked Potato with Chicken Mayonnaise 'The Sandwich Tray' Sliced Chicken Egg V Tuna Mayonnaise in a Selection of Breads Grapes Pitta Bread Wedge Fresh Fruit Selection Cheese & Biscuits Carrot Cake with Custard



Fresh salad is also included as part of a lunch meal everyday!