



Aberdeenshire Council Primary School Menus – Autumn & Winter 2015/16

Week 1 – 26th October, 23rd November, 21st December 2015, 25th January, 22nd February & 21st March 2016

Hover cursor over underscored items and 'click' to view Recipe and Allergen Information



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cook's Choice of Homemade Soup			Cook's Choice of Homemade Soup	
<u>Breaded Fillet of Aberdeenshire Fish</u> <u>Chicken Curry</u> served with <u>Long Grain Rice</u> and <u>Naan Bread</u>	<u>Homemade Cheese & Tomato Pizza</u> V <u>Prime Braised Aberdeenshire Steak</u> with a <u>Pastry Square</u>	<u>Roast Chicken with Gravy</u> and <u>Mealie</u> <u>Panini filled with Cheddar Cheese</u> V served with <u>Seasonal Fruit & Vegetable Bites</u>	<u>Our Butcher's Recipe Pork Sausages</u> <u>Homemade Beef Lasagne</u> served with <u>Garlic Bread</u>	<u>Our Butcher's Beef Burger in a Bun</u> served with <u>Seasonal Fruit & Vegetable Bites</u> <u>Chicken Pasta Bake</u>
<u>Garden Peas</u> <u>Chips</u>	<u>Mashed Turnips</u> <u>Vegetable Sticks</u> <u>Mashed Potatoes</u>	<u>Sliced Carrots</u> <u>Roast Potatoes</u>	<u>Baked Beans</u> <u>Sweetcorn</u> <u>Mashed Potatoes</u>	<u>Broccoli Florets</u> <u>Diced Potatoes</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<u>Chicken</u> and/or <u>Cheddar Cheese</u> V <u>Sandwiches</u> served with <u>Salad Garnish</u> & <u>Grapes</u>	<u>Ham</u> and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Pizza Finger</u>	<u>Chicken Mayo Wrap</u> and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Seasonal Fruit & Veg Bites</u>	<u>Egg Mayonnaise</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> with <u>Salad Garnish</u> & <u>Melon Wedge</u>	<u>Cheddar Cheese</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Seasonal Fruit & Vegetable Bites</u>
<u>Ice Cream</u> served with <u>Fruit Salad</u>	<u>Chocolate Brownie</u> served with <u>Custard</u>	<u>Butterscotch Cookie</u> served with a <u>Milkshake</u>	<u>Toffee Banana Cake</u> served with <u>Custard</u>	<u>Homemade Fruit Muffin</u> served with a <u>Glass of Milk</u>

V = Vegetarian

- Bread Basket, Salad Selection, Fresh Fruit, Yoghurts and Cheese and Biscuits are available as part of each day's menu
- When Soup is included on any day's menu this can be enjoyed as an additional course
- Baked Potatoes with Fillings are available to pre-order each morning
- Vegetarian meals are available on request. Medically prescribed diet menus are available by arrangement.

Serving Aberdeenshire from mountain to sea – the very best of Scotland



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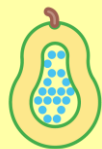
Week 2 – 2nd November, 30th November 2015, 4th January, 1st February, 29th February & 28th, March 2016



Hover cursor over underscored items and 'click' to view Recipe and Allergen Information

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cook's Choice of Homemade Soup			Cook's Choice of Homemade Soup	
<u>Traditional Chicken Pie</u>	<u>Aberdeenshire Steak Mince</u> with <u>Mealie</u>	<u>Breaded Fillet of Aberdeenshire Fish</u>	<u>Crispy Crumb Turkey Steak in a Bun</u> served with <u>Seasonal Fruit & Vegetable Bites</u>	<u>Our Butcher's Recipe Pork Sausages in Gravy</u> served in a <u>Yorkshire Pudding</u>
<u>Baked Fish Fingers</u>	<u>Traditional Macaroni & Cheese</u> V	<u>Sweet Chilli Chicken</u> served with <u>Long Grain Rice</u>	<u>Stovies</u> served with <u>Oatcakes</u>	<u>Hot Filled Barbecued Chicken Bun</u> served with <u>Seasonal Fruit & Vegetable Bites</u>
<u>Broccoli Florets</u> <u>Baked Beans</u> <u>Mashed Potatoes</u>	<u>Shredded Cabbage</u> <u>Sliced Carrots</u> <u>Boiled Potatoes</u>	<u>Garden Peas</u> <u>Chips</u>	<u>Sliced Beetroot</u>	<u>Sliced Carrots</u> <u>Mashed Potatoes</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<u>Cheddar Cheese</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Grapes</u>	<u>Chicken</u> and/or <u>Ham Sandwiches</u> served with <u>Salad Garnish</u> & <u>Melon Wedge</u>	<u>Egg Mayonnaise</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Grapes</u>	<u>Cheddar Cheese Sandwiches</u> V and/or <u>Tuna Mayonnaise Wrap</u> with <u>Salad Garnish</u> & <u>Seasonal Fruit & Vegetable Bites</u>	<u>Ham</u> and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> with <u>Seasonal Fruit & Vegetable Bites</u>
<u>Chocolate Yoghurt Cake</u> served with <u>Custard</u>	<u>Jelly</u> served with <u>Fruit Salad</u>	<u>Homemade Oatie Biscuit</u> served with a <u>Milkshake</u>	<u>Iced Gingerbread</u> served with <u>Custard</u>	<u>Jammy Swiss Roll</u> served with <u>Custard</u>

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Week 3 – 9th November, 7th December 2015, 11th January, 8th February & 7th March 2016

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Cook's Choice of Homemade Soup		Cook's Choice of Homemade Soup
<p><u>Homemade Cheese & Tomato Pizza</u> V</p> <p><u>Ham Tagliatelle</u> served with <u>Garlic Bread</u></p>	<p><u>Traditional Roast Chicken with Gravy</u> and <u>Mealie</u></p> <p><u>Minced Beef Enchilada Wrap</u></p>	<p><u>Butcher's Hot Dog Sausage in a Bun</u> with <u>Tomato Sauce</u> served with <u>Seasonal Fruit & Vegetable Bites</u></p> <p><u>Chicken Curry</u> served with <u>Long Grain Rice</u> and <u>Naan Bread</u></p>	<p><u>Breaded Fillet of Aberdeenshire Fish</u></p> <p><u>Cheese Wheels</u> V</p>	<p><u>Spaghetti Bolognese</u> served with <u>Garlic Bread</u></p> <p><u>Panini filled with Cheddar Cheese & Ham</u> served with <u>Seasonal Fruit & Vegetable Bites</u></p>
<u>Sweetcorn Mashed Potatoes</u>	<u>Broccoli Florets Roast Potatoes</u>	<u>Sliced Carrots Diced Potatoes</u>	<u>Baked Beans Sliced Beetroot Chips</u>	<u>Garden Peas</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<p><u>Chicken</u> and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Pizza Finger</u></p>	<p><u>Ham</u> and/or <u>Cheddar Cheese</u> V <u>Sandwiches</u> served with <u>Salad Garnish</u> & <u>Grapes</u></p>	<p><u>Egg Mayonnaise Sandwiches</u> V and/or <u>Chicken Mayo Wrap</u> served with <u>Salad Garnish</u> & <u>Seasonal Fruit & Vegetable Bites</u></p>	<p>served with <u>Ham</u> and/or <u>Tuna Mayonnaise Sandwiches</u> <u>Salad Garnish</u> & <u>Melon Wedge</u></p>	<p><u>Cheddar Cheese</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Seasonal Fruit & Vegetable Bites</u></p>
<u>Cracknel</u> served with <u>Custard</u>	<u>Homemade Lemon Drizzle Muffin</u> served with a <u>Milkshake</u>	<u>Toffee Sponge</u> served with <u>Custard</u>	<u>Chocolate Saucy Sponge</u> served with <u>Custard</u>	<u>Peach Melba</u>

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Week 4 – 16th November, 14th December 2015, 18th January, 15th February & 14th March 2016

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cook's Choice of Homemade Soup			Cook's Choice of Homemade Soup
Our Butcher's Beef Burger in a Bun served with Seasonal Fruit & Vegetable Bites Sweet & Sour Vegetables served with Noodles V	Traditional Chicken Pie Panini filled with Cheddar Cheese V served with Seasonal Fruit & Vegetable Bites	Breaded Fillet of Aberdeenshire Fish Homemade Chicken Lasagne served with Garlic Bread	Aberdeenshire Roast Beef with Gravy and Mealie Traditional Macaroni and Cheese V	Our Butcher's Recipe Pork Sausages in Gravy served in a Yorkshire Pudding Chicken Fajita Wrap
Sweetcorn	Sliced Carrots Mashed Potatoes	Baked Beans Broccoli Florets Chips	Sliced Beetroot Mashed Turnips Roast Potatoes	Garden Peas Diced Potatoes
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
Ham and/or Tuna Mayonnaise Sandwiches served with Salad Garnish & Fruit & Vegetable Bites	Chicken Sandwiches and/or Tuna Mayonnaise Wrap served with Salad Garnish & Fruit & Vegetable Bites	Ham and/or Cheddar Cheese V Sandwiches served with Salad Garnish & Melon Wedge	Egg Mayonnaise V and/or Tuna Mayonnaise Sandwiches with Salad Garnish & Grapes	Cheddar Cheese V and/or Tuna Mayonnaise Sandwiches served with Salad Garnish & Sausage Bite
Iced Sponge served with Custard	Jelly served with Fruit Salad	Sticky Toffee Pudding served with Custard	Homemade Shortbread served with Fruit Salad	Chocolate Crispie served with Custard

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