



Traditional Respite Services for Older People



What is Traditional Respite?

Respite care enables a carer and the person they care for to have a break from their normal routine. Respite takes place in either a Care Home or a Very Sheltered Housing complex. A list of locations is provided on the back of this leaflet.

Who is respite for?

Aberdeenshire Council provides respite for people in a variety of different situations including older people and, in limited circumstances, people with learning disabilities. In order to qualify for council subsidised/funded respite services people must meet the eligibility criteria and a financial assessment may be required.

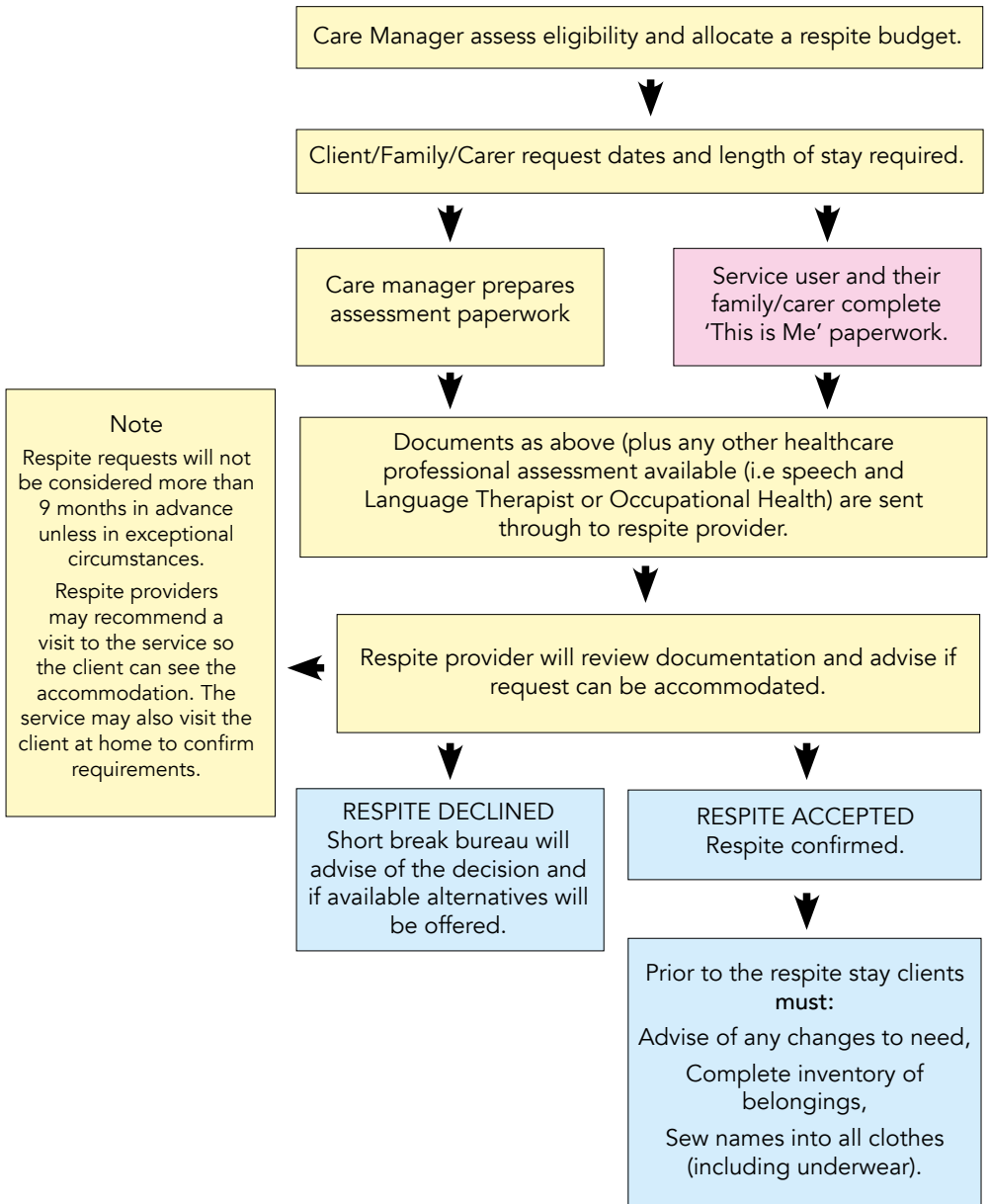
How can I find out more?

If you or someone you know would benefit from respite you should contact your Care Management in the first instance who can carry out an assessment. Contact details can be found at the back of this leaflet.



Respite Booking Process

If you decide to request respite the flowchart below will help to explain the process.



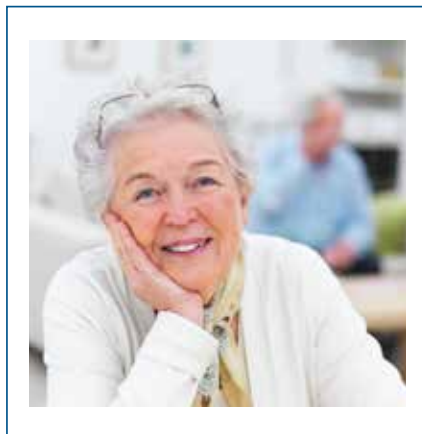
Please note that check-in time for respite is 2pm and check out is 11am

Additional Information

Respite should be a positive experience. The checklist below provides guidance which will help to identify how to prepare for respite.

- If we are to take responsibility for dispensing medication then it must be provided in the original packaging with the pharmacy label attached. This must be accompanied by the current prescription list from the GP. Please note we cannot accept medication in dosset boxes.
- If a client lacks capacity and does not have the ability to make their own decisions then we must have written permission in order to administer medication. This permission will come from a Section 47 certificate accompanied by a treatment plan which your GP will be able to provide you with. This is a legal requirement if the provider is to dispense medication. (You can get more information about section 47 certificates from the Mental Welfare Commission for Scotland website).
- If a Do Not Attempt Cardiopulmonary Resuscitation (DNACPR) is in place an original copy of the certificate must be provided to the care home on admission. (Please note if an original copy of this certificate is not provided then Aberdeenshire Council policy states we must attempt to resuscitate.) Your Doctor will be able to provide you with this certificate.
- If a Power of Attorney or Guardianship orders are in place then copies of the relevant documents must be provided to the service on admission. (You can find further explanations of these and what they mean in the leaflets; Aberdeenshire Council Adults with Incapacity and Office of the Public Guardian (Scotland) publication What is... a Power of Attorney. These are available online or ask your care manager)
- If a client is in receipt of homecare services the yellow homecare folder (usually kept in your home) which details how your support is to be provided must accompany you to the respite visit and will return with you when you go home.

- If any assessments from healthcare professionals have been carried out and are to be acted upon then copies of these must be provided, e.g. Speech and Language Therapists, Occupational Therapists etc
- The respite provider must be made aware of any specialist equipment you require prior to your visit. If you require specialist equipment to transfer then you must bring your own slings with you – these will have been prescribed specifically for you.
- Families/Carers who wish to take clothes home to launder must advise the service of this before the start of the respite. If laundry is to be carried out by the staff then the respite provider cannot be responsible for any hand wash garments.
- For Very Sheltered Housing service users must provide their own breakfast cereal, tea, coffee, milk, sugar and snacks for when they are in their flat.
- Please note that there are no indoor smoking facilities within Very Sheltered Housing and respite flats are smoke free. There is also no smoking within the bedrooms of care homes – some homes may have indoor smoking facilities but where these do not exist people must smoke outside.



Contact details

Care Homes

Name of Home	Address	Contact
Grangepark	Meethill Road Peterhead AB42 2YW	01779 472042 grangepark@aberdeenshire.gov.uk
Ythanvale	Park Road Ellon AB41 9AB	01358 720378 ythanvale@aberdeenshire.gov.uk
Faithlie	20 Lochpots Road Fraserburgh AB43 9NH	01346 518659 faithlie@aberdeenshire.gov.uk
Westbank	Lower Cowgate Oldmeldrum AB51 0EP	01651 872300 westbank@aberdeenshire.gov.uk
Bennachie View	Balhalgardy Rise, Inverurie AB51 5DF	01467 620364 bennachieview@aberdeenshire.gov.uk
Durnhythe	Durn Road Portsoy AB45 2QJ	01261 842537 durnhythe@aberdeenshire.gov.uk
Edenholme	Edenholme Crescent Stonehaven AB39 3ST	01569 762325 edenholme@aberdeenshire.gov.uk
Allachburn	Low Road Aboyne AB34 5GW	013398 86888 allachburn@aberdeenshire.gov.uk

Very Sheltered Housing

Name of Complex	Address	Phone number
Dalvenie Gardens	I Raemoir Lane Banchory AB31 5QY	01330 820208 dalveniegardens@aberdeenshire.gov.uk
Dooct View	St. Combs Court Banff AB45 1GD	01261 815946 doocotview@aberdeenshire.gov.uk
Jarvis Court	Christian Watt Drive Fraserburgh AB43 9TF	01346 511802 JarvisCourt@aberdeenshire.gov.uk
Abbey Court	Sutherland Drive Mintlaw AB42 5GZ	01771624043 abbeycourt@aberdeenshire.gov.uk
Dawson Court	Victoria Terrace Turriff AB53 4FP	01888 568925 dawsoncourt@aberdeenshire.gov.uk

Care Management for Older People Teams

Aboyne Social Work Office
Community Care
Low Road
Aboyne AB34 5GW
Tel: 01339 887 096

Banchory Social Work Office
Community Care
45 station Road
Banchory AB31 5XZ
Tel: 01330 824 991

Banff Social Work Office
Banff Health Centre
Fife Street
Banff AB45 1JD
01261 819085

Ellon Social Work Office
Community Care
Schoolhill Road
Ellon AB41 9AH
Tel: 01358 720 502

Fraserburgh Social Work Office
Community Care
13 Dalryple Street
Fraserburgh AB43 9BH
Tel: 01346 510 445

Huntly Social Work Office
Community Care
25 Gordon Street
Huntly AB54 8AL
Tel: 01466 794 488

Inverurie Social Work Office
(67 Market Place)
Community Care
67 Market Place
Inverurie AB51 3PY
Tel: 01467 625 567

Inverurie Social Work (Hospital)
Community Care
Upperboat Road
Inverurie AB51 3UL
Tel: 01467 624 337

Laurencekirk Social Work Office
Community Care
Laurencekirk Healthcare Centre
Blackiemuir Avenue
Laurencekirk AB30 1GX
Tel: 01561 376 490

Maud Social Work Office
Community Care
Old Mart community Centre
Deer Road
Maud AB42 4EG
Tel: 01771 613 971

Peterhead Social Work Office
Community Care
Buchan House
St Peter Street
Peterhead AB42 1QF
Tel: 01779 477 333

Portlethen Social Work Office
Community Care
Rowanbank Road
Portlethan AB12 4NX
Tel: 01467 666 200

Stonehaven Social Work Office
Community Care
Arduthie Road
Stonehaven AB39 2DL
Tel: 01569 768 400

Westhill Social Work Office
Community Care
Skene Healthcare Centre
Arnhall Business Park
Discovery Drive
Westhill AB32 6FG
Tel: 01224 849 499