



Aberdeenshire Council Primary School Menus – Autumn Winter 2016/17



Week 1 – 24th October, 21st November, 19th December 2016, 23rd January, 20th February & 20th March 2017

Hover cursor over underscored items and 'click' to view **Recipe and Allergen Information**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cook's Choice of Homemade Soup			Cook's Choice of Homemade Soup	
<u>Breaded Fillet of Peterhead Fish</u> <u>Chicken & Tomato Pasta Bake</u> V served with <u>Garlic Bread</u>	<u>Homemade Cheese & Tomato Pizza</u> V <u>Prime Braised Aberdeenshire Steak</u> with a <u>Pastry Square</u>	<u>Roast Chicken with Gravy</u> and <u>Mealie</u> <u>Panini</u> filled with <u>Cheddar Cheese</u> V served with <u>Seasonal Fruit & Vegetable Bites</u>	<u>Our Butcher's Recipe Pork Sausages</u> <u>Homemade Beef Lasagne</u> served with <u>Garlic Bread</u>	<u>Our Butcher's Beef Burger in a Bun</u> served with <u>Seasonal Fruit & Vegetable Bites</u> <u>Chicken Curry</u> served with <u>Long Grain Rice</u> and <u>Naan Bread</u>
<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V	<u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u>	<u>Baked Potato</u> topped with <u>Chicken Mayonnaise</u>	<u>Baked Potato</u> topped with <u>Sausage Bites</u> & <u>Baked Beans</u>	<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V
<u>Garden Peas</u> <u>Chips</u>	<u>Mashed Turnips</u> <u>Vegetable Sticks</u> <u>Mashed Potatoes</u> <u>Pasta Shapes</u>	<u>Sliced Carrots</u> <u>Roast Potatoes</u>	<u>Baked Beans</u> <u>Broccoli Florets</u> <u>Mashed Potatoes</u>	<u>Sweetcorn</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<u>Cheddar Cheese</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Grapes</u>	<u>Ham</u> and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Pizza Finger</u>	<u>Chicken Mayo Wrap</u> and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Seasonal Fruit & Veg Bites</u>	<u>Egg Mayonnaise</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> with <u>Salad Garnish</u> & <u>Melon Wedge</u>	<u>Cheddar Cheese</u> V and/or <u>Chicken Sandwiches</u> served with <u>Salad Garnish</u> & <u>Seasonal Fruit & Vegetable Bites</u>
<u>Ice Cream</u> served with <u>Fruit Salad</u>	<u>Milk Pudding</u> served with <u>Fruit</u>	<u>Butterscotch Cookie</u> served with a <u>Milkshake</u>	<u>Chocolate Saucy Sponge</u> served with <u>Custard</u>	<u>Homemade Fruit Muffin</u> served with a <u>Glass of Milk</u>

V = Vegetarian





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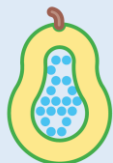
Week 2 – 31st October, 28th November 2016, 2nd January, 30th January, 27th February & 27th March 2017



Hover cursor over underscored items and 'click' to view Recipe and Allergen Information

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cook's Choice of Homemade Soup		Cook's Choice of Homemade Soup	
<u>Traditional Chicken Pie</u>	<u>Crispy Crumb Turkey Steak in a Bun</u> served with <u>Seasonal Fruit & Vegetable Bites</u>	<u>Our Butcher's Recipe Pork Sausages in Gravy</u> served in a <u>Yorkshire Pudding</u>	<u>Traditional Macaroni and Cheese</u> V	<u>Breaded Fillet of Peterhead Fish</u>
<u>Baked Fish Fingers</u>	<u>Aberdeenshire Steak Mince</u> with <u>Mealie</u>	<u>Sweet Chilli Chicken</u> served with <u>Long Grain Rice</u>	<u>Gammon & Pineapple Salad</u>	<u>Pulled Pork served in a Bun</u> <u>Seasonal Fruit & Vegetable Bites</u>
<u>Baked Potato</u> topped with <u>Baked Beans</u>	<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V	<u>Baked Potato</u> topped with <u>Sweet Chilli Chicken</u>	<u>Baked Potato</u> topped with <u>Homemade Coleslaw</u> V	<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V
<u>Broccoli Florets</u> <u>Baked Beans</u> <u>Mashed Potatoes</u>	<u>Shredded Cabbage</u> <u>Boiled Potatoes</u>	<u>Sliced Carrots</u> <u>Mashed Potatoes</u>	<u>Sliced Beetroot</u> <u>Homemade Coleslaw</u> <u>Garlic Bread</u>	<u>Garden Peas</u> <u>Chips</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<u>Cheddar Cheese</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Grapes</u>	<u>Chicken</u> and/or <u>Ham Sandwiches</u> served with <u>Salad Garnish</u> & <u>Seasonal Fruit & Vegetable Bites</u>	<u>Egg Mayonnaise</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Grapes</u>	<u>Ham Sandwiches</u> and/or <u>Tuna Mayonnaise Wrap</u> with <u>Salad Garnish</u> & <u>Melon Wedge</u>	<u>Cheddar Cheese</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> with <u>Seasonal Fruit & Vegetable Bites</u>
<u>Chocolate Yoghurt Cake</u> served with <u>Custard</u>	<u>Jelly</u> served with <u>Fruit Salad</u>	<u>Homemade Oatie Biscuit</u> served with a <u>Milkshake</u>	<u>Ice Cream</u> served with <u>Fruit Salad</u>	<u>Iced Carrot Cake</u> served with <u>Custard</u>

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Aberdeenshire Council Primary School Menus – Autumn Winter 2016/17
Week 3 – 7th November, 5th December 2016, 9th January, 6th February & 6th March 2017
 Hover cursor over underscored items and 'click' to view **Recipe and Allergen Information**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Cook's Choice of Homemade Soup		Cook's Choice of Homemade Soup
<u>Homemade Cheese & Tomato Pizza</u> V <u>Ham Tagliatelle</u> served with <u>Garlic Bread</u>	<u>Roast Chicken with Gravy</u> and <u>Mealie</u> <u>Chilli Beef Strips & Noodles</u>	<u>Butcher's Hot Dog Sausage in a Bun</u> with <u>Tomato Sauce</u> served with <u>Seasonal Fruit & Vegetable Bites</u> <u>Chicken Curry</u> served with <u>Long Grain Rice</u> and <u>Naan Bread</u>	<u>Breaded Fillet of Peterhead Fish</u> <u>Stovies</u> served with <u>Oatcakes</u>	<u>Spaghetti Bolognese</u> served with <u>Garlic Bread</u> <u>Panini</u> filled with <u>Cheddar Cheese & Ham</u> served with <u>Seasonal Fruit & Vegetable Bites</u>
<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V	<u>Baked Potato</u> topped with <u>Chilli Beef Strips</u>	<u>Baked Potato</u> topped with <u>Chicken Mayonnaise</u>	<u>Baked Potato</u> topped with <u>Baked Beans</u>	<u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u>
<u>Sweetcorn Mashed Potatoes</u>	<u>Mashed Turnips</u> <u>Broccoli Florets</u> <u>Roast Potatoes</u>	<u>Sliced Carrots</u>	<u>Baked Beans</u> <u>Sliced Beetroot</u> <u>Chips</u>	<u>Garden Peas</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<u>Cheddar Cheese</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish & Pizza Finger</u>	<u>Ham</u> and/or <u>Egg Mayonnaise</u> V <u>Sandwiches</u> served with <u>Salad Garnish & Grapes</u>	<u>Cheddar Cheese Sandwiches</u> V and/or <u>Chicken Mayo Wrap</u> served with <u>Salad Garnish & Seasonal Fruit & Vegetable Bites</u>	served with <u>Ham</u> and/or <u>Tuna Mayonnaise Sandwiches</u> <u>Salad Garnish & Melon Wedge</u>	<u>Cheddar Cheese</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish & Seasonal Fruit & Vegetable Bites</u>
<u>Butterscotch Sponge</u> served with <u>Custard</u>	<u>Homemade Lemon Drizzle Muffin</u> served with a <u>Milkshake</u>	<u>Jelly</u> served with <u>Fruit Salad</u>	<u>Chocolate Saucy Sponge</u> served with <u>Custard</u>	<u>Ice Cream</u> served with <u>Peaches</u>

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Aberdeenshire Council Primary School Menus – Autumn Winter 2016/17

Week 4 – 14th November, 12th December 2016, 16th January, 13th February & 13th March 2017



Hover cursor over underscored items and 'click' to view Recipe and Allergen Information

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cook's Choice of Homemade Soup			Cook's Choice of Homemade Soup
<u>Our Butcher's Beef Burger in a Bun</u> served with <u>Seasonal Fruit & Vegetable Bites</u> <u>Homemade Chicken Lasagne</u> served with <u>Garlic Bread</u>	<u>Traditional Chicken Pie</u> <u>Panini</u> filled with <u>Cheddar Cheese</u> V served with <u>Seasonal Fruit & Vegetable Bites</u>	<u>Breaded Fillet of Peterhead Fish</u> <u>Marzetti</u> served with <u>Garlic Bread</u>	<u>Aberdeenshire Roast Beef with Gravy</u> and <u>Mealie</u> <u>Traditional Macaroni and Cheese</u> V	<u>Our Butcher's Recipe Pork Sausages in Gravy</u> served in a <u>Yorkshire Pudding</u> <u>Chicken Fajita Wrap</u>
<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V	<u>Baked Potato</u> topped with <u>Chicken Mayonnaise</u>	<u>Baked Potato</u> topped with <u>Baked Beans</u> V	<u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u>	<u>Baked Potato</u> topped with <u>Sausage Bites & Gravy</u>
<u>Sweetcorn</u>	<u>Sliced Carrots</u> Pasta Shapes	<u>Baked Beans</u> <u>Broccoli Florets</u> <u>Chips</u>	<u>Sliced Beetroot</u> <u>Shredded Cabbage</u> <u>Roast Potatoes</u>	<u>Garden Peas</u> <u>Mashed Potatoes</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<u>Ham</u> and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Fruit & Vegetable Bites</u>	<u>Chicken Sandwiches</u> and/or <u>Tuna Mayonnaise Wrap</u> served with <u>Salad Garnish</u> & <u>Fruit & Vegetable Bites</u>	<u>Ham</u> and/or <u>Cheddar Cheese</u> V <u>Sandwiches</u> served with <u>Salad Garnish</u> & <u>Melon Wedge</u>	<u>Egg Mayonnaise</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> with <u>Salad Garnish</u> & <u>Grapes</u>	<u>Cheddar Cheese</u> V and/or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Sausage Bite</u>
<u>Iced Sponge</u> served with <u>Custard</u>	<u>Jelly</u> served with <u>Fruit Salad</u>	<u>Eve's Pudding</u> served with <u>Custard</u>	<u>Homemade Shortbread</u> served with <u>Fruit Salad</u>	<u>Chocolate Crispie</u> served with <u>Custard</u>

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