



Aberdeenshire Council Primary School Menus – Autumn & Winter 2018/19

Week 1 - 29th October, 26th November 2018, 7th January, 4th February & 4th March 2019



To view Recipe and Allergen Information hover cursor over underscored items and 'click'

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Homemade Cauliflower & Broccoli Soup</u>			Homemade Tomato & Lentil Soup	
<u>Breaded Fillet of Haddock</u> <u>Herby Tomato Pasta</u> V served with <u>Garlic Bread</u>	<u>Homemade Cheese & Tomato Pizza</u> V <u>Prime Braised Aberdeenshire Steak</u> with a <u>Pastry Square</u>	<u>Roast Chicken with Gravy</u> and <u>Mealie</u> <u>Panini</u> filled with <u>Cheddar Cheese</u> V served with <u>Seasonal Fruit & Vegetable Bites</u>	<u>Our Butcher's Recipe Pork Sausages</u> <u>Homemade Fish Cake</u>	<u>Our Butcher's Beef Burger in a Bun</u> served with <u>Seasonal Fruit & Vegetable Bites</u> <u>Chicken Curry</u> served with <u>Long Grain Rice</u> and <u>Naan Bread</u>
<u>Baked Potato</u> topped with <u>Baked Beans</u> V	<u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u>	<u>Baked Potato</u> topped with <u>Coronation Chicken</u>	<u>Baked Potato</u> topped with <u>Baked Beans</u> V	<u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u>
<u>Garden Peas</u> <u>Sliced Carrots</u> <u>Chips</u>	<u>Broccoli Florets</u> <u>Vegetable Sticks</u> <u>Mashed Potatoes</u>	<u>Sliced Carrots</u> <u>Green Beans</u> <u>Roast Potatoes</u>	<u>Baked Beans</u> <u>Broccoli Florets</u> <u>Mashed Potatoes</u>	<u>Sweetcorn</u> <u>Garden Peas</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<u>Cheddar Cheese</u> V or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Melon Wedge</u>	<u>Ham</u> or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Pizza Finger</u>	<u>Chicken Mayo Wrap</u> or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Seasonal Fruit & Veg Bites</u>	<u>Ham</u> or <u>Chicken Sandwiches</u> with <u>Salad Garnish</u> & <u>Grapes</u>	<u>Egg Mayonnaise</u> V or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Seasonal Fruit & Veg Bites</u>
<u>Ice Cream</u> served with <u>Fruit Salad</u>	<u>Chocolate Saucy Sponge</u> served with <u>Custard</u>	<u>Butterscotch Cookie</u> served with <u>Milk</u>	<u>Mini Brownie</u> served with <u>Fresh Fruit of the Day</u>	<u>Homemade Spuffin</u> served with <u>Milk</u>

V = Vegetarian

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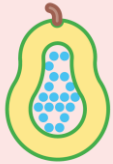
Week 2 – 5th November, 3rd December, 14th 2018, 14th January, 1st February & 11th March 2019
 To view Recipe and Allergen Information hover cursor over underscored items and 'click'



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Homemade Green Pea Soup</u>			<u>Homemade Chicken Noodle Soup</u>	
<u>Traditional Chicken Pie</u> <u>Potato & Lentil Dhal</u> V served with <u>Naan Bread</u>	<u>Crispy Crumb Turkey Steak in a Bun</u> served with <u>Seasonal Fruit & Vegetable Bites</u> <u>Italian Meatballs</u> served with <u>Pasta Shapes</u>	<u>Our Butcher's Recipe Pork Sausages in Gravy</u> served in a <u>Yorkshire Pudding</u> <u>Sweet Chilli Chicken</u> served with <u>Noodles</u>	<u>Traditional Macaroni and Cheese</u> V <u>Gammon & Pineapple Salad</u>	<u>Breaded Fillet of Haddock</u> <u>Pulled Pork in a Bun</u> served with <u>Barbeque Sauce</u> <u>Seasonal Fruit & Vegetable Bites</u>
<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V	<u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u>	<u>Baked Potato</u> topped with <u>Sweet Chilli Chicken</u>	<u>Baked Potato</u> topped with <u>Baked Beans</u> V	<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V
<u>Broccoli Florets</u> <u>Sliced Carrots</u> <u>Mashed Potatoes</u>	<u>Garden Peas</u> <u>Green Beans</u>	<u>Sweetcorn</u> <u>Broccoli Florets</u> <u>Mashed Potatoes</u>	<u>Garden Peas</u> <u>Sliced Beetroot</u> <u>Potato Wedges</u>	<u>Baked Beans</u> <u>Broccoli Florets</u> <u>Chips</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<u>Ham</u> or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish & Melon Wedge</u>	<u>Chicken</u> or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish & Seasonal Fruit & Vegetable Bites</u>	<u>Ham</u> or <u>Egg Mayonnaise</u> V <u>Sandwiches</u> served with <u>Salad Garnish & Grapes</u>	<u>Chicken Sandwiches</u> or <u>Tuna Mayonnaise Wrap</u> with <u>Salad Garnish & Grapes</u>	<u>Cheddar Cheese</u> V or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> with <u>Seasonal Fruit & Vegetable Bites</u>
<u>Ice Cream</u> served with <u>Fruit Salad</u>	<u>Peach Sponge</u> served with <u>Custard</u>	<u>Homemade Oatie Biscuit</u> served with <u>Milk</u>	<u>Semolina</u> served with <u>Fruit Salad</u>	<u>Chocolate Yoghurt Cake</u> served with <u>Custard</u>

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Week 3 – 12th November, 10th December 2018, 21st January, 18th February & 18th March 2019



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>Homemade Tomato Soup</u>		Homemade Lentil Soup	
<u>Homemade Cheese & Tomato Pizza</u> V <u>Chicken Curry</u> served with <u>Long Grain Rice</u> and <u>Naan Bread</u>	<u>Aberdeenshire Roast Beef with Gravy</u> and <u>Mealie</u> <u>Our Own Pasta Carbonara</u>	<u>Butcher's Hot Dog Sausage in a Bun</u> with <u>Tomato Sauce</u> served with <u>Seasonal Fruit & Vegetable Bites</u> <u>Mariner's Pie</u>	<u>Breaded Fillet of Haddock</u> <u>Honeyed Chicken</u> served with <u>Noodles</u>	<u>Spaghetti Bolognese</u> served with <u>Garlic Bread</u> <u>Panini</u> filled with <u>Cheddar Cheese</u> V served with <u>Seasonal Fruit & Vegetable Bites</u>
<u>Baked Potato</u> topped with <u>Chicken Curry</u>	<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V	<u>Baked Potato</u> topped with <u>Chicken Mayonnaise</u>	<u>Baked Potato</u> topped with <u>Baked Beans</u> V	<u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u>
<u>Broccoli Florets</u> <u>Baked Beans</u> <u>Mashed Potatoes</u>	<u>Sliced Carrots</u> <u>Green Beans</u> <u>Roast Potatoes</u>	<u>Sweetcorn</u> <u>Garden Peas</u>	<u>Baked Beans</u> <u>Garden Peas</u> <u>Chips</u>	<u>Sweetcorn</u> <u>Broccoli Florets</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<u>Ham</u> or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Pizza Finger</u>	<u>Cheddar Cheese</u> V or <u>Egg Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Grapes</u>	<u>Cheddar Cheese</u> V or <u>Chicken Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Seasonal Fruit & Vegetable Bites</u>	<u>Ham</u> or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Melon Wedge</u>	<u>Chicken</u> or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Seasonal Fruit & Vegetable Bites</u>
<u>Apple Crisp</u> served with <u>Custard</u>	Fresh Fruit of the Day	<u>Lemon Drizzle Muffin</u> served with <u>Milk</u>	<u>Ice Cream</u> served with <u>Peaches</u>	<u>Chocolate Cookie</u> served with <u>Milk</u>

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Week 4 – 19th November, 17th December 2018, 28th January, 25th February & 25th March 2019



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Homemade Potato & Leek Soup		<u>Homemade Cream of Carrot Soup</u>	
<u>Our Butcher's Beef Burger in a Bun</u> served with <u>Seasonal Fruit & Vegetable Bites</u> <u>Baked Fish Fingers</u>	<u>Traditional Chicken Pie</u> <u>Panini</u> filled with <u>Cheddar Cheese</u> V served with <u>Seasonal Fruit & Vegetable Bites</u>	<u>Breaded Fillet of Haddock</u> <u>Chicken Lasagne</u> served with <u>Garlic Bread</u>	<u>Traditional Macaroni and Cheese</u> V <u>Stovies</u> served with an <u>Oatcake</u>	<u>Our Butcher's Recipe Pork Sausages in Gravy</u> served in a <u>Yorkshire Pudding</u> <u>Chicken Fajita Wrap</u>
<u>Baked Potato</u> topped with <u>Baked Beans</u> V	<u>Baked Potato</u> topped with <u>Chicken Mayonnaise</u>	<u>Baked Potato</u> topped with <u>Baked Beans</u> V	<u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u>	<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V
<u>Baked Beans</u> <u>Garden Peas</u> <u>Pasta Shapes</u>	<u>Sweetcorn</u> <u>Green Beans</u> <u>Mashed Potatoes</u>	<u>Baked Beans</u> <u>Broccoli Florets</u> <u>Chips</u>	<u>Sliced Beetroot</u> <u>Garden Peas</u>	<u>Garden Peas</u> <u>Broccoli Florets</u> <u>Potato Wedges</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<u>Ham</u> or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Seasonal Fruit & Vegetable Bites</u>	<u>Chicken Sandwiches</u> or <u>Tuna Mayonnaise Wrap</u> served with <u>Salad Garnish</u> & <u>Seasonal Fruit & Vegetable Bites</u>	<u>Ham</u> or <u>Egg Mayonnaise</u> V <u>Sandwiches</u> served with <u>Salad Garnish</u> & <u>Melon Wedge</u>	<u>Cheddar Cheese</u> V or <u>Tuna Mayonnaise Sandwiches</u> with <u>Salad Garnish</u> & <u>Grapes</u>	<u>Chicken</u> or <u>Tuna Mayonnaise Sandwiches</u> served with <u>Salad Garnish</u> & <u>Melon Wedge</u>
<u>Iced Sponge</u> served with <u>Custard</u>	<u>Mini Mandarin Muffin</u> served with <u>Orange Wedges</u>	<u>Jelly</u> served with <u>Ice Cream</u>	<u>Homemade Shortbread</u> served with <u>Milk</u>	<u>Chocolate & Pear Brownie</u> served with <u>Custard</u>

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