



Aberdeenshire Council Primary School Menus – Autumn Winter 2017/18

Week 1 – 30th October, 27th November 2017, 8th January, 5th February & 5th March 2018

To view Recipe and Allergen Information hover cursor over underscored items and 'click'



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cook's Choice of Homemade Soup			Cook's Choice of Homemade Soup	
<u>Breaded Fillet of Haddock</u> <u>Herby Tomato Pasta</u> V served with <u>Garlic Bread</u>	<u>Homemade Cheese & Tomato Pizza</u> V <u>Prime Braised Aberdeenshire Steak</u> with a <u>Pastry Square</u>	<u>Roast Chicken with Gravy</u> and <u>Mealie</u> <u>Panini</u> filled with <u>Cheddar Cheese</u> V served with Seasonal Fruit & Vegetable Bites	<u>Our Butcher's Recipe Pork Sausages</u> <u>Teriyaki Salmon Stir Fry</u> served with <u>Noodles</u>	<u>Our Butcher's Beef Burger in a Bun</u> served with Seasonal Fruit & Vegetable Bites <u>Chicken Curry</u> served with <u>Long Grain Rice</u> and <u>Naan Bread</u>
<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V	<u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u>	<u>Baked Potato</u> topped with <u>Coronation Chicken</u>	<u>Baked Potato</u> topped with <u>Baked Beans</u> V	<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V
<u>Garden Peas</u> <u>Sliced Carrots</u> <u>Chips</u>	<u>Broccoli Florets</u> <u>Vegetable Sticks</u> <u>Mashed Potatoes</u>	<u>Sliced Carrots</u> <u>Cabbage</u> <u>Roast Potatoes</u>	<u>Baked Beans</u> <u>Broccoli Florets</u> <u>Mashed Potatoes</u>	<u>Sweetcorn</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<u>Ham</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & <u>Melon Wedge</u>	<u>Cheddar Cheese</u> V or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & <u>Pizza Finger</u>	<u>Chicken Wrap</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & Seasonal Fruit & Veg Bites	<u>Egg Mayonnaise</u> V or <u>Tuna Mayonnaise Sandwiches</u> with Salad Garnish & <u>Grapes</u>	<u>Ham</u> or <u>Chicken Sandwiches</u> served with Salad Garnish & Seasonal Fruit & Vegetable Bites
<u>Apple Crisp</u> served with <u>Custard</u>	<u>Ice Cream</u> served with <u>Fruit Salad</u>	<u>Butterscotch Cookie</u> served with <u>Milk</u>	<u>Chocolate Saucy Sponge</u> served with <u>Custard</u>	<u>Homemade Fruit Muffin</u> served with <u>Milk</u>

V = Vegetarian





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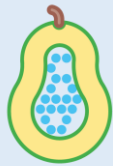
Week 2 – 6th November, 4th December 2017, 15th January, 12th February & 12th March 2018

To view Recipe and Allergen Information hover cursor over underscored items and 'click'



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cook's Choice of Homemade Soup		Cook's Choice of Homemade Soup	
<u>Traditional Chicken Pie</u> <u>Falafels with Curry Sauce</u> served with <u>Long Grain Rice</u> V	<u>Crispy Crumb Turkey Steak in a Bun</u> served with Seasonal Fruit & Vegetable Bites <u>Aberdeenshire Steak Mince</u> with <u>Mealie</u>	<u>Our Butcher's Recipe Pork Sausages in Gravy</u> served in a <u>Yorkshire Pudding</u> <u>Sweet Chilli Chicken</u> served with <u>Noodles</u>	<u>Traditional Macaroni and Cheese</u> V <u>Gammon & Pineapple Salad</u>	<u>Breaded Fillet of Haddock</u> <u>Pulled Pork in a Bun</u> served with <u>Barbeque Sauce</u> Seasonal Fruit & Vegetable Bites
<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V	<u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u>	<u>Baked Potato</u> topped with <u>Sweet Chilli Chicken</u>	<u>Baked Potato</u> topped with <u>Homemade Coleslaw</u> V	<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V
<u>Broccoli Florets</u> <u>Sliced Carrots</u> <u>Mashed Potatoes</u>	<u>Garden Peas</u> <u>Cabbage</u> <u>Boiled Potatoes</u>	<u>Sweetcorn</u> <u>Broccoli Florets</u> <u>Mashed Potatoes</u>	<u>Sliced Beetroot</u> <u>Homemade Coleslaw</u> <u>Garlic Bread</u>	<u>Garden Peas</u> <u>Chips</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<u>Ham</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & <u>Melon Wedge</u>	<u>Egg Mayonnaise</u> V or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & Seasonal Fruit & Vegetable Bites	<u>Chicken Wrap</u> or <u>Cheddar Cheese</u> V <u>Sandwiches</u> served with Salad Garnish & <u>Grapes</u>	<u>Ham Sandwiches</u> or <u>Tuna Mayonnaise Wrap</u> with Salad Garnish & <u>Grapes</u>	<u>Cheddar Cheese</u> V or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish with Seasonal Fruit & Vegetable Bites
<u>Ice Cream</u> served with <u>Fruit Salad</u>	<u>Chocolate Yoghurt Cake</u> served with <u>Custard</u>	<u>Homemade Oatie Biscuit</u> served with <u>Milk</u>	<u>Jelly</u> served with <u>Fruit Salad</u>	<u>Iced Carrot Cake</u> served with <u>Custard</u>

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Week 3 – 13th November, 11th December 2017, 22nd January, 19th February & 19th March 2018
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Cook's Choice of Homemade Soup		Cook's Choice of Homemade Soup
<u>Homemade Cheese & Tomato Pizza</u> V <u>Chicken Curry</u> served with <u>Long Grain Rice</u> and <u>Naan Bread</u>	<u>Roast Chicken with Gravy</u> and <u>Mealie</u> <u>Stovies</u> served with <u>Oatcakes</u>	<u>Butcher's Hot Dog Sausage in a Bun</u> with <u>Tomato Sauce</u> served with Seasonal Fruit & Vegetable Bites <u>Honeyed Chicken</u> served with <u>Noodles</u>	<u>Breaded Fillet of Haddock</u> <u>Chilli Beef Enchiladas</u>	<u>Spaghetti Bolognese</u> served with <u>Garlic Bread</u> <u>Panini</u> filled with <u>Cheddar Cheese</u> V served with Seasonal Fruit & Vegetable Bites
<u>Baked Potato</u> topped with <u>Chicken Curry</u>	<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V	<u>Baked Potato</u> topped with <u>Chicken Mayonnaise</u>	<u>Baked Potato</u> topped with <u>Baked Beans</u> V	<u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u>
<u>Broccoli Florets</u> <u>Baked Beans</u> <u>Mashed Potatoes</u>	<u>Sliced Carrots</u> <u>Sliced Beetroot</u> <u>Roast Potatoes</u>	<u>Broccoli Florets</u>	<u>Baked Beans</u> <u>Sweetcorn</u> <u>Chips</u>	<u>Garden Peas</u> <u>Broccoli Florets</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<u>Ham</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & <u>Pizza Finger</u>	<u>Cheddar Cheese</u> V or <u>Egg Mayonnaise</u> V <u>Sandwiches</u> served with Salad Garnish & <u>Grapes</u>	<u>Cheddar Cheese</u> V or <u>Chicken Mayonnaise Sandwiches</u> served with Salad Garnish & Seasonal Fruit & Vegetable Bites	<u>Ham</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & <u>Melon Wedge</u>	<u>Chicken</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & Seasonal Fruit & Vegetable Bites
<u>Rice Pudding</u> served with <u>Fruit Salad</u>	<u>Lemon Drizzle Muffin</u> served with <u>Milk</u>	<u>Strawberry Mousse</u> served with <u>Fruit Salad</u>	<u>Chocolate Cookie</u> served with <u>Milk</u>	<u>Ice Cream</u> served with <u>Peaches</u>

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Aberdeenshire Council Primary School Menus – Autumn Winter 2017/18

Week 4 – 20th November, 18th December 2017, 29th January, 26th February & 26th March 2018

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cook's Choice of Homemade Soup			Cook's Choice of Homemade Soup
<u>Our Butcher's Beef Burger in a Bun</u> served with Seasonal Fruit & Vegetable Bites <u>Baked Fish Fingers</u>	<u>Traditional Chicken Pie</u> <u>Panini filled with Cheddar Cheese</u> V served with Seasonal Fruit & Vegetable Bites	<u>Breaded Fillet of Haddock</u> <u>Beef Lasagne</u> served with <u>Garlic Bread</u>	<u>Aberdeenshire Roast Beef with Gravy</u> and <u>Mealie</u> <u>Traditional Macaroni and Cheese</u> V	<u>Our Butcher's Recipe Pork Sausages in Gravy</u> served in a <u>Yorkshire Pudding</u> <u>Chicken Fajita Wrap</u>
<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V	<u>Baked Potato</u> topped with <u>Chicken Mayonnaise</u>	<u>Baked Potato</u> topped with <u>Baked Beans</u> V	<u>Baked Potato</u> topped with <u>Tuna Mayonnaise</u>	<u>Baked Potato</u> topped with <u>Cheddar Cheese</u> V
<u>Baked Beans</u> <u>Pasta Shapes</u>	<u>Sliced Carrots</u> <u>Mashed Potatoes</u>	<u>Baked Beans</u> <u>Broccoli Florets</u> <u>Chips</u>	<u>Sliced Beetroot</u> <u>Mashed Turnips</u> <u>Mashed Potatoes</u>	<u>Garden Peas</u> <u>Boiled Potatoes</u>
Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter
<u>Ham</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & Fruit & Vegetable Bites	<u>Chicken Sandwiches</u> or <u>Tuna Mayonnaise Wrap</u> served with Salad Garnish & Fruit & Vegetable Bites	<u>Ham</u> or <u>Egg Mayonnaise</u> V <u>Sandwiches</u> served with Salad Garnish & <u>Melon Wedge</u>	<u>Cheddar Cheese</u> V or <u>Tuna Mayonnaise Sandwiches</u> with Salad Garnish & <u>Grapes</u>	<u>Chicken Mayonnaise</u> or <u>Tuna Mayonnaise Sandwiches</u> served with Salad Garnish & <u>Melon Wedge</u>
<u>Iced Sponge</u> served with <u>Custard</u>	<u>Jelly</u> served with <u>Fruit Salad</u>	<u>Semolina Pudding</u> served with <u>Fruit Salad</u>	<u>Homemade Shortbread</u> served with <u>Milk</u>	<u>Chocolate & Pear Brownie</u> served with <u>Custard</u>

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