





- Regular service throughout the day Free Wifi on services 260,263

Travelling to Aberdeen?:

Interchange. hour frequency thought the day to the Transport development. Service No XXX operates on a half Bus stops are located within 400m of the

easy town centre access. and no need to worry about parking, the Setunim δ l set lime of just 15 minutes

reduce your travel costs. your companies salary sacrifice scheme to help sider purchasing an advance ticket or ask about alleviate congestion and parking pressure. Con-Jonrney for one by bus once a week will help to tion and carbon emissions. Substituting a car Using public transport helps to reduce conges-

**Public Transport** 

Your Development



and home life commitments. ible working allows you to balance your work space and allows 'hot-desking': Remote and flexcommuning time by 10 per cent, saves office home once a fortnight reduces an employee's tive environmental benefits. Even working from while at work can save time, money and has posi-Reducing the need to travel either to work or

Remote Working

negotiable.7 Naomi stressful; starting and finishing times are The commute to work is not nearly as

with friends. car sharing can also be an informal arrangement the benefits your employer offers. Remember, ing the importance of car sharing; find out about on your car. Many employers are now recognisnew friendships and reduce the wear and tear of it by sharing lifts? Halve your fuel costs, form UK's roads every day. Why not make the most There are over 38 million empty seats on the

> Car Sharing The Options







www.aberdeenshire.gov.uk/noexcuse All of Peterhead! Check out -

By bike

Community centre: 20 minutes Foodstore: 20 minutes Supermarket: 10 minutes

#### By foot

bike, away from busy roads and traffic. great opportunities to explore the wider area by The Formartine & Buchan Way cycle route, offers

minutes.

into the centre of town should only take 10-15 town to get around by bike. A typical journey Lacking any major hills, Peterhead is the ideal

IoM E.sast myp no yonom bno save time and money on gym fees. This way we all get around, exercise,

or cycling daily. route at the weekend first. Work towards walking If you're thinking about cycling, try out your by walking part of the way, or taking a bus home. some of the way. Start your active lifestyle gently, If your trip is less than a mile, try walking all or

Walking and Cycling

**The Options** 

# Why the need to change?

Persuading people to break the habit of simply getting into the car for every journey is a huge task. However, it is not an impossible one.

After all, if every car commuter used an alternative to the car on just one day a week, car usage levels for commuting would be reduced by 20 per cent with immediate effect.



### The Environment

Climate Change is considered to be one of the greatest environmental threats facing the World today. Carbon Dioxide, is the most significant of the greenhouse gases contributing to Climate Change.

#### The Nation's Health

Sedentary lifestyles and a lack of physical activity are causing an epidemic of obesity and increasing the risk of a range of health problems including diabetes, heart disease, stroke, cancers and osteoporosis.



## **Further Information**

#### **Cycling**

For general information on cycling initiatives, government policy and cycle to work schemes or links to relevant cycle sites:

www.aberdeenshire.gov.uk/transportation

### **Public Transport**

For information on company purchased travel tickets, discounted travel incentives:



www.aberdeenshire.gov.uk/publictransport www.traveline.org.uk

## **Car Sharing**

Aberdeenshire Council currently operate a free care share database.

Further information can be found at: www.carshareaberdeenshire.com

#### **General Travel**

Find out more about sustainable travel in your area at the Getabout website for up to date information.

www.get-about.com







0871 200 22 33

# **Development Name**



Your Residential **Travel** 



Introduction from Developer, general welcome. Some attention grabbing Travel facts:

Pack!

This leafet has been produced for Council for by Aberdeen shire purposes







