

# School Travel Planning



## Golden Boot Challenge –Teacher Guide

Any school can take part in the Golden Boot Challenge and sets to encourage pupils to walk, cycle, scoot or park and stride to school.

The challenge sets a competition between classes to see which class can make the most journeys to and from school sustainably. The class with the most journeys made by foot, bike, scooter or park and stride, over a set period (usually one week) wins the golden boot trophy.

The boot will remain with the winning class until the school run the competition again – once a term is a good idea. Try not to run this too frequently or pupils will lose motivation to take part, but not too infrequently or some classes will feel they will never have a chase to win. Different times of year will bring different results and can be used as a reminder to parents about the importance of sustainable/ healthy travel.

This challenge is a fairly un-structured project and designed for schools to adapt to fit in with their schools structure. Larger schools may wish to run the competitions in different age groups, with perhaps two trophies available, one for Primary 1 to Primary 4 age group, and another from Primary 5 to Primary 7.

### What you need to do.

- Create a golden boot – an old shoe painted gold attached to a block of wood will do the trick, pupils may wish to decorate to make it more appealing. Or perhaps a different type of trophy!
- Develop a class record sheet to record journeys. Feel free to use the example class record sheet available on the website. It is important to make sure the results are recorded, then converted to percentages as classes will no doubt have different amounts of pupils
- Promote the project to pupils and parents. Set the dates and include something in the newsletter, create posters, talk about it at assembly.
- Make it clear to pupils what you expect from them – what modes of transport are sustainable/ healthy? What does sustainable mean? What does healthy travel mean? Why is it a good thing to travel this way? What reasons are there for discouraging driving too school?



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- Perhaps discuss what Park and Stride means – this means parking at least a 5 min walk from the school gate, might even be an idea to develop a map of the school highlighting a 5 min walking zone around your school – see ‘walking zone’ guide for more ideas on how to develop this.
- Finally, make sure the winning classes’ results are shared with the school, it might be a good idea to award the class with something else as well, for example, extra golden time, a fun activity – this can be decided at a school level.