



# Aberdeenshire Council Primary School Menus – Spring & Summer 2020



Week 1 - 20<sup>th</sup> April 18<sup>th</sup> May, 15<sup>th</sup> June, 17<sup>th</sup> August and 14<sup>th</sup> September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato Soup V	Lentil Soup V		Carrot & Coriander Soup V	
<b>Breaded Fillet of Haddock</b>	<b>Our Butcher's Beef Burger in a Bun</b> served with <b>Sweetcorn Salsa</b>	<b>Traditional Roast Chicken</b> served with <b>Gravy</b> and <b>Mealie</b>	<b>Our Butcher's Recipe Pork Sausages</b>	<b>Chicken Pie</b>
<b>Cheese &amp; Tomato Pizza V</b>	<b>Tomato Pasta V</b> served with <b>Garlic Bread</b>	<b>Panini</b> filled with <b>Cheese V</b> served with <b>Seasonal Vegetable &amp; Fruit Bites</b>	<b>Vegetable Chilli</b> served with <b>Long Grain Rice V</b>	<b>Homemade Fishcake</b> served with <b>Tomato Sauce</b>
<b>Thai Chicken Noodles</b>	<b>Baked Potato</b> topped with <b>Chicken Mayonnaise</b>	<b>Baked Potato</b> topped with <b>Tuna Mayonnaise</b>	<b>Baked Potato</b> topped with <b>Cheddar Cheese V</b>	<b>Baked Potato</b> topped with <b>Baked Beans V</b>
Garden Peas Baked Beans Chips	Vegetable Sticks Broccoli Florets	Sliced Carrots Sweetcorn Roast Potatoes	Baked Beans Garden Peas Mashed Potatoes	Sweetcorn Broccoli Florets Baby Potatoes
<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>
<b>Sweet Chilli Chicken Mayonnaise Wrap</b> served with <b>Salad Garnish &amp; Pizza Finger</b>	<b>Egg Mayonnaise Sandwiches V</b> served with <b>Salad Garnish &amp; Sweetcorn Salsa</b>	<b>Ham Sandwiches</b> served with <b>Salad Garnish &amp; Seasonal Vegetable &amp; Fruit Bites</b>	<b>Tuna Mayonnaise Wrap</b> served with <b>Salad Garnish &amp; Pineapple</b>	<b>Ham Baguette</b> served with <b>Salad Garnish &amp; Carrot &amp; Pepper Sticks</b>
Fresh Fruit of the Day or Cheese & Biscuits	Chocolate Saucy Sponge served with Custard	Butterscotch Cookie served with Milk	Fresh Fruit of the Day served with a Brownie	Carrot Cake served with Custard

V = Vegetarian

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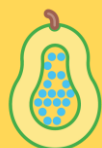


Week 2 – 27<sup>th</sup> April, 25<sup>th</sup> May, 22<sup>nd</sup> June, 24<sup>th</sup> August and 21<sup>st</sup> September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Yellow Pea Soup V	Lentil Soup V	Tomato & Pasta Soup V
<p><b>Our Butcher's Recipe Pork Sausages in Gravy</b> served in a <b>Yorkshire Pudding</b></p> <p><b>Mexican Rice V</b></p>	<p><b>Breaded Fillet of Haddock</b></p> <p><b>Pizza Wheel V</b></p>	<p><b>Turkey Meatballs</b> served in a <b>Tomato Sauce</b></p> <p><b>Macaroni Cheese V</b></p>	<p><b>Crispy Chicken Goujons</b> served with <b>Corn on the Cob, Tortilla Wrap &amp; Optional Dip</b></p> <p><b>Spaghetti Bolognese</b> served with <b>Garlic Bread</b></p>	<p><b>Sausage Roll</b></p> <p><b>Potato &amp; Lentil Curry</b> served with <b>Long Grain Rice</b> and <b>Naan Bread V</b></p>
<b>Baked Potato</b> topped with <b>Cheddar Cheese V</b>	<b>Baked Potato</b> topped with <b>Tuna Mayonnaise</b>	<b>Baked Potato</b> topped with <b>Baked Beans V</b>	<b>Vegetable Fajita V</b>	<b>Baked Potato</b> topped with <b>Baked Beans V</b>
Sliced Carrots Sweetcorn Mashed Potatoes	Garden Peas Sliced Beetroot Chips	Sweetcorn Broccoli Florets Mashed Potatoes	Garden Peas Vegetable Sticks	Baked Beans Broccoli Florets Potato Smiles
<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>
<b>Tuna Mayonnaise Sandwiches</b> served with <b>Salad Garnish &amp; Melon Wedge</b>	<b>Egg Mayonnaise V Sandwiches</b> served with <b>Salad Garnish &amp; Cucumber Sticks</b>	<b>Cheddar Cheese Sandwiches V</b> served with <b>Salad Garnish &amp; Pepper Sticks</b>	<b>Ham Baguette</b> served with <b>Salad Garnish &amp; Corn on the Cob</b>	<b>Chicken Mayonnaise Wrap</b> served with <b>Salad Garnish &amp; Grated Carrots</b>
<b>Homemade Oatie Biscuit</b> served with <b>Milk</b>	<b>Sweet P Muffin</b> served with <b>Milk</b>	<b>Apple Cake</b> served with <b>Custard</b>	<b>Fresh Fruit of the Day</b> or <b>Cheese &amp; Biscuits</b>	<b>Chocolate Yoghurt Cake</b> served with <b>Custard</b>

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# Aberdeenshire Council Primary School Menus – Spring & Summer 2020



Week 3 – 4<sup>th</sup> May, 1<sup>st</sup> June, 29<sup>th</sup> June, 31<sup>st</sup> August and 28<sup>th</sup> September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Minestrone Soup V		Tomato Soup V	Lentil Soup V	
<b>Crispy Crumb Turkey Steak</b>  Steak Mince served with Mealie	<b>Homemade Cheese &amp; Tomato Pizza V</b>  Baked Fish Fingers	<b>Butcher's Hot Dog Sausage in a Bun</b> served with Grated Carrot  Chicken Curry served with Long Grain Rice & Naan Bread	<b>Breaded Fillet of Haddock</b>  Macaroni Cheese V	<b>Pasta Bolognese</b> served with Garlic Bread  Chicken Salad served with Crunchy Coleslaw and a Freshly Made Roll
<b>Baked Potato</b> topped with Baked Beans V	<b>Baked Potato</b> topped with Chicken Mayonnaise	<b>Vegetable Curry &amp; Long Grain Rice V</b>	<b>Baked Potato</b> topped with Tuna Mayonnaise	<b>Baked Potato</b> topped with Baked Beans & Cheddar Cheese V
Baked Beans Broccoli Florets Mashed Potatoes	Garden Peas Baked Beans Penne Pasta	Sweetcorn Cucumber Sticks Diced Potatoes	Baby Carrots Garden Peas Chips	Sweetcorn Broccoli Florets
<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>
<b>Tuna Mayonnaise Sandwiches</b> served with Salad Garnish & Pineapple	<b>Chicken Mayonnaise Wrap</b> served with Salad Garnish & Pizza Finger	<b>Cheddar Cheese Sandwiches V</b> served with Salad Garnish & Grated Carrot	<b>Egg Mayonnaise Sandwiches V</b> served with Salad Garnish & Apple Wedges	<b>Ham Baguette</b> served with Salad Garnish & Pepper Sticks
Fruit Compote served with Greek Yoghurt or Cheese & Oatcakes	<b>Chocolate Cookie</b> served with Milk	Fresh Fruit of the Day or Cheese & Biscuits	<b>Gingerbread</b> served with Custard	<b>Eat to the Beet Muffin</b> served with Milk

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# Aberdeenshire Council Primary School Menus – Spring & Summer 2020

Week 4 – 11<sup>th</sup> May, 8<sup>th</sup> June, 7<sup>th</sup> September and 5<sup>th</sup> October



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lentil Soup V	Tomato Soup V			Minestrone Soup V
<b>BBQ Chicken Burger</b> served in a <b>Bun</b> with <b>Seasonal Vegetable &amp; Fruit Bites</b>  <b>Penne Pasta</b> in a <b>Tomato Sauce</b> V served with <b>Garlic Bread</b>	<b>Breaded Fillet of Haddock</b>  <b>Vegetable Sausage Roll</b> V	<b>Chicken Curry</b> served with <b>Long Grain Rice &amp; Naan Bread</b>  <b>Panini</b> filled with <b>Cheese</b> served with <b>Seasonal Vegetable &amp; Fruit Bites</b> V	<b>Our Butcher's Recipe Pork Sausages</b>  <b>Salmon Bites</b>	<b>Macaroni Cheese</b> V  <b>BBQ Pulled Pork</b> served in a <b>Bun</b>
<b>Baked Potato</b> topped with <b>Tuna Mayonnaise</b>	<b>Baked Potato</b> topped with <b>Baked Beans</b> V	<b>Baked Potato</b> topped with <b>Tuna Mayonnaise</b>	<b>Broccoli &amp; Cheese</b> stuffed <b>Baked Potato</b> V	<b>Chicken Spinach &amp; Coconut Rice</b>
Broccoli Florets Sweetcorn	Garden Peas Baked Beans Chips	Broccoli Florets Grated Carrots	Garden Peas Baked Beans Mashed Potatoes	Sweetcorn Sliced Beetroot Diced Potatoes
<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>	<b>Sandwich Platter</b>
<b>Egg Mayonnaise</b> V <b>Sandwiches</b> served with Salad Garnish & Seasonal Vegetable & Fruit Bites	<b>Cheddar Cheese</b> <b>Baguette</b> V served with Salad Garnish & Grated Carrot	<b>Ham Sandwiches</b> served with Salad Garnish & Pineapple	<b>Chicken Mayonnaise</b> <b>Sandwiches</b> served with Salad Garnish & Pepper Sticks	<b>Tuna Mayonnaise Wrap</b> served with Salad Garnish & Carrot Sticks
<b>Iced Sponge</b> served with <b>Custard</b>	<b>Orange Wedges</b> or <b>Cheese &amp; Biscuits</b>	<b>Fruit Jelly</b> served with <b>Ice Cream</b>	<b>Homemade Shortbread</b> served with <b>Milk</b>	<b>Chocolate &amp; Pear Brownie</b> served with <b>Custard</b>

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