

Section B - More detailed assessment, where necessary					
Questions to consider:	If yes, tick appropriate level of risk			Problems occurring from the task (Make rough notes in this column in preparation for the possible remedial action to be taken)	Possible remedial action (Possible changes to be made to system/task, load, workplace/space, environment. Communication that is needed)
	Low	Med	High		
The tasks - do they involve: <ul style="list-style-type: none"> • holding loads away from trunk? • twisting? • stooping? • reaching upwards? • large vertical movement? • long carrying distances? • strenuous pushing or pulling? • unpredictable movement of loads? • repetitive handling? • insufficient rest or recovery? • a work rate imposed by a process? 					
The loads - are they: <ul style="list-style-type: none"> • heavy? • bulky/unwieldy? • difficult to grasp? • unstable/unpredictable? • intrinsically harmful (e.g. sharp/hot)? 					
The working environment - are there: <ul style="list-style-type: none"> • constraints on posture? • poor floors? • variations in levels? • hot/cold/ humid conditions? • strong air movements? • poor lighting conditions? 					
Individual capability - does the job: <ul style="list-style-type: none"> • require unusual capability? • hazard those with a health problem? • hazard those who are pregnant? • call for special information/training? 					
Other factors: Is movement or posture hindered by clothing or personal protective equipment?	Yes/No				